

# OmegaDay3

**FOR THE NORMAL FUNCTIONS OF HEART  
AND BRAIN, AND NORMAL SIGHT**



s a food supplement rich in polyunsaturated fat from fish oil, and Vitamin E. EPA (Eicosapentaenoic acid) and DHA (docosahexaenoic acid) are useful for promoting the normal function of the heart . DHA helps to keep a physiological brain function and a normal vision. Vitamin E contributes to the protection of cells from oxidative stress.

**Functional ingredients:**

EPA, DHA, Vitamin E.

**NUTRITIONAL FACTS**

Ingredients	Per dose (1 softgel)	DRV%*
Fish oil, of which:	1000 mg	
EPA	350 mg	
DHA	250 mg	
Vitamin E	7,5 mg	62,5%

\*DRV= Dietary Reference Value.

**How to use:**

1 soft capsule a day, before the main meal.

**Pack:**

30 softgels