



FOOD SUPPLEMENT

for the quality of life

since 1970 with PASSION...



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Dr. Marisa Contini Pharmacist

The passion for Natural Products allowed me to found Gricar, and to this day, with the cooperation of my colleagues, I am still enthusiastically following this path of continuous research for wellness and quality of life.

GRICAR'S PRESIDENT

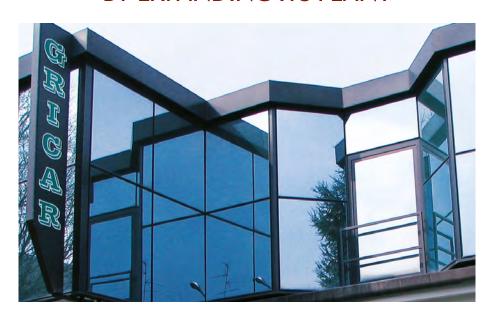


RESPECT FOR THE CONSUMER, NATURE AND ENVIRONMENT

- Since 1970, Gricar has been directly formulating, realizing and distributing in Italy and abroad its products, which originate from its own research, a cutting-edge technology and a philosophy that has always been putting the natural well-being first (BE NATURAL), as a form of prevention and care.
- According to this attitude towards nature, Gricar developed with efficacy, safety and innovation, the concept of integrated herbal medicine, where the principles of phytotherapy and dietary supplementation merge, to give birth to products, especially designed to fulfill the health needs of each individual.
- Furthermore, this is also the reason why Gricar has grown a particular focus on children, developing a line specifically for them, by paying particular attention to dosage, taste and original source of raw materials.



CONTINUES ITS GROWTH BY EXPANDING ITS PLANT











NATURAL PRODUCTS for the quality of life

GOOD MANUFACTURING
P2827 CERTIQUALITY
GMP
CFR 21 - PART 111

QUALITY MANAGEMENT SYSTEM

UNI EN ISO 9001:2015

CERTIFIED BY CERTIQUALITY

QUALITY MANAGEMENT SYSTEM
UNI CEI EN ISO 13485:2016
CERTIFIED BY CERTIQUALITY



Gricar a story begun in 1970 An Italian reality developed over time just as the **5** petals of a flower. Starting from this concept, recently, in 2015, the necessity arose to revise its **brand** and gradually renew its **packaging**.







RESEARCH AND DEVELOPMENT





QUALITY





EDUCATION AND TRAINING





COSTUMER SERVICE





A WHOLE SET OF PRODUCTS

OUR BRAND IS YOUR BUSINESS **SINCF 1970**



CATEGORY/NEED

LINES/PRODUCTS

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CATEGORY/NEED

LINES/PRODUCTS

28 **PURIFICATION AND DRAINING** AI OF ALOE VERA SUCCO ALOE VERA GEL ALOE VERA COLON PURE GENERAL PURIFICATION **BIOPURIFICA** LIVER PURIFICATION **BIOPURIFICA HEPA** DRAINING DRENA PLUS FORTE DRENA GAMBE E GLUTEI DRENA ADDOME E FIANCHI 36 **IMMUNE DEFENSES** FOR A NATURAL HELP **IMMUNODAY** IMMUNODAY BABY **NEW** IMMUNOKUR CPR **NEW** IMMUNOKUR SPRAY ORALE 40 WOMAN HFAVY LFGS VENAFORT VENAFORT GEL MPM PRIMIMESI **PREGNANCY MENOPAUSE** PAUSAKUR ADVANCE 44 SEASONAL DISCOMFORTS **ALLERGIES ALLERKUR** THROAT PREVENGOLA FLU SYMPTOMS CONTRA FLU C CONTRA FLU C BABY

CONTRA FLU C STICK



CATEGORY/NEED

LINES/PRODUCTS

NEW NATURAL PROTECTION FOR EVERY SEASON PROPOLIS D3 PROPOLIS TAVOLETTE PROPOLIS GOCCE ANALCOLICHE PROPOLIS SCIROPPOSA PROPOLIS ORAL SPRAY PROPOLIS STICK PROPOLIS SOLUZIONE IDROALCOLICA PROPOLIS BIMBI PROPOLIS BIMBI GOCCE ANALCOLICHE PROPOLIS BIMBI SCIROPPOSA PROPOLIS BIMBI SPRAY ORALE COUGH **TYMOBRONTUSS** TYMOBRONTUSS JUNIOR VOICE PREVENVOCE 58 **PHYTO CREAMS** REDDENING CALENDUI A **BRUISES** ARNICA JOINT PAINS ARTIGI IO DEL DIAVOLO 61 **GUMS AND LIPS** MOUTHWASH PROGENGIVAL COLLUTORIO STICK NEW PROGENGIVAL COLLUTORIO **NEW** 63 INTESTINE INTESTINAL FLORA FLIFLORA ADVANCE ALL FREE EUFLORA ADVANCE STICK EUFLORA ADVANCE **NEW** EUFLORA COLON AID

EUFLORA COLON GYNE

NEW



CATEGORY/NEED	LINES/PRODUCTS		
CONSTIPATION	LAXAVIT FLOR LAXAVIT FORTE LAXAVIT MITE MALVA MUCILLAGINE		
SKIN SKIN BEAUTY	JALÙSKIN	7:	
SKIN CARE	JALÙSKIN COMPLEX OSMODYN LINE		
PSORIASIS	PSORACTIVE LINE		
WEIGHT	ODERNOOFFEE TIMMODA ODD	7	
SLOW METABOLISM	GREENCOFFEE TIMAGRA CPR GREENCOFFEE TIMAGRA DRINK		
SLOW METABOLISM, EXCESSIVE HUNGER	TIMAGRAKAL		
REST AND NORMAL MOOD		7	
CALM AND REST	SEDAKUR MELATONDEGT GOMPREGGE		
SLEEP AND JET LAG	MELATONBEST COMPRESSE MELATONBEST GOCCE		
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STOMACH AND DIGESTION		8	
HALITOSIS	ALITOSTOP		
INTESTINAL GAS	STOPAIR STOPAIR CARBON		
INTESTINAL GAS AND COLICS	STOPAIR COLIC BABY		
HYPERACIDITY	CONTRACID		
GASTROESOPHAGEAL REFLUX	REFLUKUR		



CATEGORY/NEED

LINES/PRODUCTS

NEW

89 URINARY TRACT CYSTITIS CISKUR ADVANCE **NEW** PROSTATE PROSKUR ADVANCE NEW UROGENITAL INFECTIONS EUFLORA GYNE **VITAMINS AND MINERALS** 92 IRON DEFICIENCY FERRUMBEST ADVANCE MINERAL SALTS DEFICIENCY IDROTONIC PLUS VITAMINS DEFICIENCY TOTALMIXVIT VITAMIN D3 DEFICIENCY D3 BEST VITAMINS DEFICIENCY AND MINERAL FRUCTOVÈ VITAMIN C DEFICIENCY CKUR

ANTI-NAUSEA

EMETASE 900

FOR NAUSEA AND DIGESTIVE FUNCTION



- NATURALLY LACTOSE-FREE
- GLUTEN FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tab)	%DRV*
Sodium alginate	900 mg	-
Sodium bicarbonate	260 mg	-
Ginger pwd.	40 mg	-
Opuntia pwd.	40 mg	-
Magnesium	92 mg	24,5%

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (880 mg)

EMETASE® 900 is a food supplement of Magnesium, Sodium alginate and Sodium bicarbonate, with Ginger and Indian fig. Ginger is useful for contrasting nausea and supporting digestion; while Indian fig provides a soothing and emollient action on the digestive system.

FUNCTIONAL INGREDIENTS

Magnesium, Sodium alginate, Sodium bicarbonate, Ginger, Opuntia.

HOW TO USE

1 or 2 tablets a day, preferably 1 in the morning and 1 in the evening, with plenty of water.



ANTI-AGING

OXYDAY

ANTIOXIDANT SINERGY



- 3 EXTRACTS WITH ANTIOXIDANT ACTION (CHOKEBERRY, MAQUI, POMEGRANATE)
- WITH COENZYME Q10
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)
Chokeberry d.e.	120 mg
Maqui d.e. std. 10%	80 mg
of which Polyphenols	8 mg
Pomegranate d.e. std. 40%	40 mg
Coenzyme Q10	10 mg

PACK

30 tablets (450 mg)

OXYDAY is a food supplement of vegetal extracts of Chokeberry, Maqui and Pomegranate, with Coenzime Q10. Chokeberry, Maqui and Pomegranate have an antioxidant action; furthermore, Chokeberry promotes the body's natural defenses and provides a supportive and restorative action.

FUNCTIONAL INGREDIENTS

Chokeberry, Maqui, Pomegranate, Coenzyme Q10.

HOW TO USE

1 tablet a day.



JOINTS



TO SUPPORT JOINT FUNCTION



- WITH GLUCOSAMINE AND COLLAGEN
- WITH CALCIUM, NECESSARY FOR HEALTHY BONES
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRICIONAL FACTS

Ingredients	Per dose (4 tablets)	DRV%*
Chondroitin Sulphate	142 mg	
Calcium	304 mg	38%
Glucosamine sulfate	200 mg	
Glucosamine HCl	200 mg	
Spirea ulmaria d.e.	240 mg	
of which salicylic acid	0,48 mg	
Devil's claw d.e.	240 mg	
of which harpagosides	6 mg	
Type II Collagen	3,33 mg	

*DRV= Dietary Reference Value

PACK

60 tablets (700 mg)

ARTICOLENE FORTE is a food supplement of Calcium, Glucosamine, type II Collagen with Devil's claw(1) and Meadowsweet vegetable extracts. Glucosamine and type II Collagen are part of joint cartilage, Devil's claw supports joint function. Calcium is needed for the maintenance of healthy bones.

FUNCTIONAL INGREDIENTS

Calcium, Glucosamine, Meadowsweet, Devil's Claw, Type II Collagen.

HOW TO USE

4 tablets a day, preferably at the main meals.

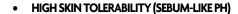


JOINTS

ARTICOLENEgel

TOPIC TREATMENT TO MAINTAIN HEALTHY JOINTS







ARTICOLENE GEL is a gel that combines the beneficial properties of selected active principles contained in the vegetable extracts of Devil's claw and Spiraea ulmaria, and the highly synergistic ones of Glucosamine. Its particular formulation that enables a double (cold/warm) effect, makes it an excellent local coadjutant. The product has a sebum-like pH.

FUNCTIONAL INGREDIENTS

Devil's Claw, Meadow Sweet, Laminaria Digitata, Glucosamine, Vitamin B3.

HOW TO USE

Rub the gel on the area to be treated, when needed.

PACK

100 ml



MUSCLE AND JOINT PAIN



TO COUNTERACT LOCALIZED TENSIONS



- MAXIMUM SALICIN SUPPLEMENTATION
- 3 STANDARDIZED VEGETAL EXTRACTS, HELPFUL FOR JOINT FUNCTIONING (WHITE WILLOW, BOSWELLIA, DEVIL'S CLAW)
- IT SUPPORTS NORMAL MUSCLE FUNCTION (MAGNESIUM)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 cpr)	DRV%*
White willow d.e. std. 15%	640 mg	
of which Salicin	96 mg	
Devil's claw d.e. std.2,5%	80 mg	
Boswellia d.e.std. 65%	80 mg	
Magnesium	168,75 mg	45%
Vitamin E	24 mg	100%

*DRV= Dietary Reference Value

DOLKUR S is a food supplement with high concentration of Salicin from White willow, with Boswellia, Devil's claw, Magnesium and Vitamin E. White willow supplies 96 mg a day of Salicin, the maximum allowed dose for food supplements. White willow and Boswellia counteract localized tensions and, together with Devil's claw, they promote articular function. Magnesium contributes to the normal function of nervous system and to the physiological muscular function.

FUNCTIONAL INGREDIENTS

White willow, Devil's claw, Boswellia, Magnesium, Vitamin E.

HOW TO USE

2 tablets a day, on a full stomach.

PACK

30 tablets (750 mg)



BONES

OSTEOKUR

TO MAINTAIN HEALTHY BONES



- CALCIUM + VITAMIN D3 (100% DRV):
 NECESSARY TO MAINTAIN HEALTHY BONES.
- WITH GLUCOSAMINE
- IT SUPPORTS JOINT FUNCTION (BAOBAB)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 cpr)	DRV%*
Calcium	400 mg	50%
Vitamin D3	5 mcg	100%
Glucosamine sulphate	100 mg	
Horse tail d.e. 7% std. as silicon	62 mg	
Baobab fruit	40 mg	

^{*}DRV= Dietary Reference Value

PACK

60 tablets (750 mg)

OSTEOKUR is a food supplement of Calcium, Vitamin D3 and Glucosamine, with Baobab and Horsetail vegetal extracts. Glucosamine is a precursor of joint cartilage; Calcium, together with Vitamin D3, is necessary to maintain healthy bones. The formulation is completed by Horsetail, useful for connective trophism, and Baobab, useful to support joint functions.

FUNCTIONAL INGREDIENTS

Calcium, Vitamin D3, Glucosamine, Horse Tail, Baobab.

HOW TO USE

2 tablets a day, after the main meals.



OLIO EDEN 31

A BLEND OF ESSENTIAL OILS





- IT PERFUMES AND REFRESH THE ENVIRONMENT
- IT REDUCES WINTER COMPLAINTS
- IT PROMOTES WELLNESS, REDUCING THE TENSIONS CAUSED BY STRESS OR ANXIETY
- IT GIVES RELIEF TO TIRED AND HEAVY LEGS

OLIO EDEN is a rich mix of 31 essential oils extracted from berries, plants and roots, collected in the fragrant period and combined according to a traditional Swiss formula.

FUNCTIONAL INGREDIENTS

31 Selected Herbs.

HOT TO USE

Spread on the affected region until full absorption or dissolve few drops in water for footbaths or other hygienic and fragrant uses.

PACK

100 ml



AIR PURIFIER

VAPOREDEN

PURE AND BALSAMIC AIR AT HOME





- 15 SELECTED HERBS
- HARVESTED DURING THE BALSAMIC PERIOD: HIGHEST CONCENTRATION
- PURE AIR IN THE ROOMS
- IT PERFUMES WARDROBES AND LINEN

VAPOR EDEN contains a mix of selected herbs, harvested during the balsamic period, and so, rich in oils and perfumes. A few drops can perfume the air and make it more pure and rich in balsamic fragrances.

VAPOR EDEN can be used to perfume rooms, wardrobes and linen

FUNCTIONAL INGREDIENTS

Eucalyptus, Camphor, Pine, Menthol, Scots Pine, Wild Thyme, Lavandin, Mint, Citron, Cajeput, Sage, Rosemary, Artemisia, Lemon, Cypress.

HOW TO USE

Put 5 ml of product in the recipient of the heater or the humidifier. In alternative, put 50 drops of product in a recipient with boiling water.

PACK

50 ml



CHOLESTEROL

CHOLKUR

TO LIMIT LIPIDS ABSORPTION



- TO REDUCE THE ABSORPTION OF NUTRIENTS (E.G. LIPIDS) TAKEN WITH THE FOOD (NOPAL)
- HIGH EFFICACY: 1 CAPSULE A DAY
- LOW SUGAR
- NATURALLY LACTOSE- FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 cps)	DRV%*
Vitamin E	6 mg	50%
Folic acid	200 mcg	100%
Gamma-orizanol	10 mg	
Monacolin	3 mg	
Nopal pdr.	50 mg	
Fish oil pdr.	50 mg	
of which EPA +DHA	7,5 mg	

*DRV= Dietary Reference Value.

PACK

30 capsule (510 mg)

CHOLKUR is a food supplement of Red Yeast Rice, with Nopal, Fish oil, Gamma-Oryzanol, Vitamin E and Folic acid. Nopal extract modulates nutrients absorption, while Vitamin E contributes to the protection of cells from oxidative stress.

FUNCTIONAL INGREDIENTS

Vitamin E, Folic Acid, Gamma-Oryzanol, Red Yeast Rice, Indian Fig. Omega-3 Fatty Acids.

HOW TO USE

1 capsule a day with water or other beverage.



CHOLESTEROL



TO MAINTAIN CHOLESTEROL WITHIN PHYSIOLOGICAL LEVELS



- MONACOLIN K 10 MG: THE MAXIMUM ALLOWED DOSE IN FOOD SUPPLEMENTS
- IT PROMOTES LIPIDS METABOLISM (GUGGUL)
- HIGH EFFICACY: 1 TABLET A DAY
- WITHOUT ADDED SUGARS
- NATURALLY LACTOSE- FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)
Red Yeast rice tit. 3%	333,34 mg
of which Monacolin K	10 mg
Coenzyme Q10	40 mg
Guggul d.e. 10%	30 mg

CHOLKUR ADVANCE is a food supplement of Monacolin K, from Red rice fermented with Monascus purpureus, of Coenzyme Q10 and Guggul extract. Monacolin K helps in keeping blood cholesterol within physiological levels. Guggul promotes fat metabolism.

FUNCTIONAL INGREDIENTS

Red Yeast Rice, Coenzyme Q10, Guggul.

HOW TO USE

1 tablet a day with water.

PACK

30 tablets (550 mg)



CHOLKUR

3 PHASES: CHOLESTEROL + CARDIOVASCULAR SYSTEM + HOMOCYSTEINE



NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Tree turmeric d.e. 85%	500 mg	
Red Yeast rice 5%	200 mg	
of which Monacolin K	10 mg	
Coenzyme Q10	5 mg	
Guggul d.e. 10%	30 mg	
Vitamin B6	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%

^{*}DRV= Dietary Reference Value.

PACK

20 tablets (1200 mg)

- MONACOLIN K 10 MG: THE MAXIMUM ALLOWABLE DOSE IN FOOD SUPPLEMENTS TO KEEP NORMAL BLOOD CHOLESTEROL LEVELS
- IT SUPPORTS CARDIOVASCULAR SYSTEM FUNCTIONS (TREE TURMERIC)
- IT CONTRIBUTES TO HOMOCYSTEINE METABOLISM (VITAMIN B6, B12, FOLIC ACID)
- IT PROMOTES LIPIDS METABOLISM (GUGGUL)
- WITH NO ADDED SUGAR
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

CHOLKUR TRIFASE is a food supplement of vegetal extracts and vitamins with 3 main physiological effects:

Monacolin K helps in keeping normal blood cholesterol levels; Berberis aristata supports the regular function of the cardiovascular system; Folic acid, Vitamin B6 and B12 contribute to normal homocysteine metabolism. Furthermore, Guggul promotes fat metabolism.

FUNCTIONAL INGREDIENTS

Berberis aristata, Red Yeast Rice, Guggul, Vitamins (B6, B12, Folic acid), Coenzyme Q10.

HOW TO USE

1 tablet a day with water.



HEART AND TRIGLYCERIDES

OMEGADAY3

FOR THE NORMAL FUNCTIONS OF HEART AND BRAIN, AND NORMAL SIGHT



- RICH IN EPA AND DHA
- EASY-TO-USE AND CONVENIENT
 ONE SOFT GEL A DAY, 30 DAYS OF TREATMENT
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- WITH NO ADDED SUGAR

CONCENTRATED

NUTRITIONAL FACTS

Ingredients	Per dose (1 softgel)	DRV%*
Fish oil, of which:	1000 mg	
EPA	350 mg	
DHA	250 mg	
Vitamin E	7,5 mg	62,5%

^{*}DRV= Dietary Reference Value.

PACK

30 softgels (1407,5 mg)

OMEGADAY 3 is a food supplement rich in polyunsaturated fat from fish oil, and Vitamin E. EPA (Eicosapentaenoic acid) and DHA (docosahexaenoic acid) are useful for promoting the normal function of the heart. DHA helps to keep a physiological brain function and a normal vision. Vitamin E contributes to the protection of cells from oxidative stress.

FUNCTIONAL INGREDIENTS

EPA, DHA, Vitamin E.

HOW TO USE

1 soft capsule a day, before the main meal.



CARBROHYDRATE AND LIPID METABOLISM

GlucoLip MorActive

CONTRIBUTES TO NORMAL METABOLISM OF LIPIDS AND CARBOHYDRATES



- WITH MORADYN® Anthocyanin rich purple corn variety
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

GLUCOLIP MORACTIVE is a food supplement with Moradyn®, Choline, Zinc, Chromium, Folic acid, vitamins B6 and B12, indicated in case of low intake with the diet or increased need for these nutrients. Choline contributes to the normal metabolism of lipids and with Folic acid and vitamins B6 and B12, to the homocysteine. Zinc contributes to the normal metabolism of fatty acids, carbohydrates and for the protection of cells from oxidative stress. Chromium contributes to the maintenance of normal blood glucose levels and, with Zinc, to the normal metabolism of macronutrients.

NUTRITIONAL FACTS

Per dose (1 cpr)	DRV%*
200 mg	-
82,5 mg	-
15 mg	150%
40 mcg	100%
200 mcg	100%
1,4 mg	100%
2,5 mcg	100%
	200 mg 82,5 mg 15 mg 40 mcg 200 mcg 1,4 mg

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (600 mg)

FUNCTIONAL INGREDIENTS

Moradyn[®], Choline, Zinc, Chromium, Folic acid, vitamins B6 and B12

HOW TO USE

It's recommended to take two tablets a day, to be swallowed with water.



PRESSURE

PRESKUR

FOR THE REGULARITY OF BLOOD PRESSURE



- USEFUL FOR THE CARDIOVASCULAR APPARATUS FUNCTIONING (COMMON HAWTORN)
- NATURALLY LACTOSE- FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)
Olive d.e. std. 6%	200 mg
Mistletoe d.e.	200 mg
Java tea d.e.	200 mg
Common hawthorn die	200 mg

PRESKUR is a food supplement of Olive, Common hawthorn, Mistletoe and Java tea. Olive and Common hawthorn contribute to blood pressure regularity; furthermore, Olive has, together with Mistletoe, a useful antioxidant action, while Common hawthorn supports the regular functionality of the cardiovascular apparatus. Finally, Java tea helps with body fluid drainage.

FUNCTIONAL INGREDIENTS

Olive, Mistletoe, Java Tea, Common Hawthorn.

HOW TO USE

2 tablets a day, 1 in the morning and 1 in the evening, before meals, with a full glass of water.

PACK

40 tablets (500 mg)



Glikur Advance

TO MAINTAIN PHYSIOLOGICAL BLOOD GLUCOSE LEVELS



NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)	%DRV*
Moradyn [®]	400 mg	
Gymnema e.s. tit. 25%	600 mg	
Zinc	15 mg	150%

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (780 mg)

CONTRIBUTES TO NORMAL METABOLISM OF CARBOHYDRATES

- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

GLIKUR is a food supplement with Moradyn®, Gymnema, Zinc(1) e Chrome, indicated in case of poor dietary intake or increased need for these nutrients. Zinc contributes to the protection of cells from oxidative stress, and with the Gymnema, to the normal carbohydrate metabolism. Chrome contributes to the maintenance of normal blood glucose levels and, together with Zinc, to the normal macronutrient metabolism.

FUNCTIONAL INGREDIENTS

Moradyn®, Gymnema, Zinc

HOW TO USE

take 1 or 2 tablets a day, before main meals, to be swallowed with water.



HEMORRHOID

EMORRIX

FUNCTIONALITY OF THE VENOUS CIRCULATION OF THE HEMORRHOID PLEXUS



- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

EMORRIX s a food supplement with vegetal extracts of Butcher's broom, Witch-hazel, Elder and Cypress. Butcher's broom and Cypress help normal microcirculation function.

Butcher's broom and Witch-hazel promote normal vein circulation as well as in hemorroidal plexus. Vitamin C aid in the formation of collagen and normal blood vessel function.

INFORMAZIONI NUTRIZIONALI

Ingredients	Per dose (1 tab) DRV%	
Vitamin C	80 mg 100%	
Butcher's broom d.e. 5% std. as ruscogenin	ns 120,00 mg -	
Witch-hazel d.e. 10% std. as tannins	50,00 mg -	
Elder d.e. 0,3% std. as flavonoids	40,00 mg -	
Cypress d.e	40,00 mg -	

^{*}DRV= Dietary Reference Value.

PACK

30 Tablets (550 mg)

FUNCTIONAL INGREDIENTS

Vitamin C, Butcher's broom, Witch-hazel, Elder, Cypress.

HOW TO USE

1 tablet a day with water or other beverage.



ALOE

ALOEVERA



SUCCO

ALOE VERA GEL 99,9%, TO TAKE ADVANTAGE OF ALL ITS NUTRIENTS



- ALOIN-FREE
- WITHOUT SWEETENERS

ALOE VERA SUCCO is a food supplement. Aloe vera gel is helpful with the regular body depuration, throat well-being, and for its emollient and soothing action on the digestive system.

NUTRITIONAL FACTS

Ingredients Per dose (75 ml)
Aloe vera gel 74.925 ml

PACK

500 ml /1000 ml

FUNCTIONAL INGREDIENTS

Aloe Vera.

HOW TO USE

25 ml (1 measure) of juice 2-3 times a day, pure or diluted in water or fruit juice.



ALOE

ALOEVERA





GEL

PURE ALOE 100%, UNPASTEURIZED, PESTICIDES-FREE



PACK

100 ml

- VITAMIN E, TO PROTECT SKIN CELLS FROM OXIDATIVE STRESS
- VISAGE AND BODY

ALOE VERA GEL 100% is directly extracted from Aloe barbadensis Miller leaves. Thanks to the Organic Certification, which guarantees the absence of pesticides, and to the "non-pasteurized" plant extract, the product keeps all the properties and the functions of the wild plant. Aloa gel is an ACTIVE PROTECTION because of its high ability in hydrating, soothing and protecting suffering skins. Its enrichment with Vitamin E and Spirulina, makes the product an efficacious antioxidant, mineral-restoring agent and emollient.

FUNCTIONAL INGREDIENTS

Aloe Vera, Vitamin E, Spirulina.

HOW TO USE

Spread and massage an amount of gel on the skin of visage or body when needed.



ALOE

ALOEVERA



COLONPURE

LENITIVE OF THE DIGESTIVE SYSTEM, DEPURATIVE OF THE BODY



- PROBIOTICS AND PREBIOTICS: TO SUPPORT INTESTINAL FLORA BALANCE
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)
Inulin	220 mg
Frangula d.e.	100 mg
Aloe vera gel pdr.	50 mg
Dandelion d.e. std. 2%	50 mg
Milk thistle d.e. std. 2%	50 mg
Lactobacillus sporogenes	500 mln. spores

ALOE VERA COLON PURE is a food supplement of vegetal extracts with Inulin and probiotics (Lactobacillus sporogenes). Aloe has a soothing action on the digestive system and, together with Dandelion and Milk thistle, it supports the depurative functions of the body. Furthermore, Dandelion and Frangula support the digestive function and the regular gastrointestinal motility, while Dandelion and Milk thistle support the hepatic function. Inulin supports the intestinal flora balance.

FUNCTIONAL INGREDIENTS

Inulin, Aloe Vera, Frangula, Dandelion, Milk Thistle, Lactobacillus Sporogenes.

HOW TO USE

I tablet a day, preferably in the morning, with a glass of water.

PACK

30 tablets (800 mg)



GENERAL DEPURATION

BIOPURIFICA

IL DEPURATIVO

10 EXTRACTS TO SUPPORT PHYSIOLOGICAL DEPURATIVE AND DRAINING FUNCTIONS



NUTRITIONAL FACTS

Ingredients	Per 1 measuring cup (10 ml)
Dandelion g.e.	0,50 ml
Green tea g.e.	0,50 ml
Plum g.e.	0,25 ml
Chicory g.e.	0,25 ml
Fennel g.e.	0,25 ml
Black currant g.e.	0,25 ml
Bearberry g.e.	0,25 ml
Burdock g.e.	0,13 ml
Artichoke g.e.	0,13 ml
Dandelion f.e.	0,10 ml
Schisandra f.e.	0,05 ml

PACK

200 ml

- 3 VEGETAL EXTRACTS, PROMOTING THE DEPURATIVE FUNCTIONS
- 7 VEGETAL EXTRACTS WITH DRAINING ACTION
- ANALCOHOLIC
- SWEETENED WITH STEVIA
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

BIOPURIFICA is a food supplement of vegetal extracts specifically selected in order to: support the depurative functions of the body (Artichoke, Dandelion, Burdock), the hepatic function (Dandelion, Artichoke, Schisandra), the digestive function (Dandelion, Chicory, Fennel), body fluid draining (Green tea, Black currant, Bearberry, Fennel, Burdock, Chicory), and bring an important antioxidant action (Green tea, Artichoke, Schisandra).

FUNCTIONAL INGREDIENTS

Dandelion, Green Tea, Plum, Chicory, Fennel, Black currant, Bearberry, Burdock, Artichoke, Schisandra.

HOW TO USE

I measure (10 ml) a day, diluted in a glass of water, to be taken in the morning on an empty stomach.



LIVER DEPURATION

BIOPURIFICA IL DEPURATIVO HEPA

PURIFYING, IT SUPPORTS THE HEPATIC FUNCTION



- IT PROMOTES BODY PURIFICATION (ARTICHOKE, DANDELION, MILK THISTLE)
- IT HELPS HEPATIC FUNCTIONS (PHYLLANTHUS, MILK THISTLE, DANDELION, ARTICHOKE)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- GMO FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)	DRV%*
Soy lecithin:	200 mg	
of which phosphatidylcholine	60 mg	
Vitamin PP	18 mg	112%
Vitamin B6	2 mg	142%
Vitamin B1	1,4 mg	127%
Artichoke d.e. tit. 2,5%	200 mg	
Milk thistle d.e. tit. 2%	200 mg	
Dandelium d.e. tit. 2%	100 mg	
Phyllanthus d.e.	40 mg	
Green tea d.e. tit. 1%	40 mg	

*DRV= Dietary Reference Value.

BIOPURIFICA HEPA is a food supplement of vegetal extracts specifically selected in order to support the hepatic function (Artichoke, Milk Thistle, Dandelion, Phyllanthus) and the depurative functions of the body (Artichoke, Milk Thistle, Dandelion). Green tea has a helpful antioxidant action and promotes body fluid draining; Vitamin B6 contributes to normal protein and glycogen metabolism.

FUNCTIONAL INGREDIENTS

Soy Lecithin, Vitamins (B1, PP, B6), Artichoke, Milk Thistle, Dandelium, Phyllanthus, Green Tea.

HOW TO USE

2 tablets a day, preferably in the morning, with a full glass of water.

PACK

30 tablets (500 mg)



DRENAPLUS

DRINK with apple juice





FOR A STRONG DRAINING ACTION

- 11 VEGETAL EXTRACTS WITH A STRONG DRAINING ACTION
- 3 VEGETAL EXTRACTS WITH DEPURATIVE ACTION
- WITH MAGNESIUM AND POTASSIUM, TO MAINTAIN ELECTROLYTE BALANCE

DRENA PLUS FORTE is a food supplement made of a mix of 16 plants with Magnesium, Potassium, Vitamin B6 and Chromium.
Orthosiphon, Burdock, Birch, Dandelion, Green tea, Sweet clover, Chicory, Fennel, Pilosella, Black currant and Bearberry support body fluid draining. Centella counteracts the unsightly cellulite and heavy legs, supporting, in synergy with Sweet clover, the microcirculation. Guaranà supports body weight balance. Artichoke, together with Birch and Dandelion, support

NUTRITIONAL FACTS

Ingredients	Per dose (50 ml)	DRV%*
Vitamin B6	1 mg	70%
Magnesium	135 mg	36%
Potassium	300 mg	15%
Chromium	107 mcg	267%
Centella d.e.	0,7 g	-
Pilosella d.e.	0,7 g	-
Guaranà f.e.	0,7 ml	-
Birch f.e.	0,7 ml	-
Orthosiphon f.e.	0,7 ml	-
Dandelion g.e. FOS	0,72 ml	-
Green tea g.e. FOS	0,72 ml	-
Chicory g.e. FOS	0,36 ml	-
Fennel g.e. FOS	0,36 ml	-
Plum g.e. FOS	0,36 ml	-
Black currant g.e. FOS	0,36 ml	-
Bearberry g.e. FOS	0,36 ml	-
Cola f.e.	0,24 ml	-
Burdock g.e. FOS	0,18 ml	-
Artichoke g.e. FOS	0,18 ml	-
Sweet clover f.e.	0,12 ml	-

*DRV= Dietary Reference Value.

PACK

500 ml

FUNCTIONAL INGREDIENTS

Vitamin B6, Magnesium, Potassium, Chromium, Centella, Pilosella, Guarana, Birch, Orthosiphon, Dandelion, Green tea, Plum, Chicory, Fennel, Black currant, Bearberry, Cola, Burdock, Artichoke. Sweet clover.

body cleansing. Magnesium contributes to electrolyte balance.

HOW TO USE

2,5 measuring cups (50 ml) to dilute in 500 ml of water and drink throughout the day.



DRENA

GAMBE & GLUTEI

DRINK with Bilberry



FOR A DEPURATIVE AND DRAINING **ACTION WHERE NEEDED**

- **8 VEGETAL EXTRACTS WITH A DRAINING ACTION**
- MODULATION OF NUTRIENTS ABSORPTION (CACTI-NEA™)
- ACTION (ARTICHOKE, DANDELION, BIRCH, **BURDOCK)**
- WITH CACTI-NEA", AN OPUNTIA FICUS-INDICA **EXTRACT**

DRENA GAMBE E GLUTEI (LEGS AND GLUTES) is a food supplement of a mix of 12 plants with Magnesium, Potassium, Vitamin B6 and Chromium. Dandelion, Green tea, Orthosiphon, Birch, Chicory, Fennel, Black currant and Bearberry promote body fluid draining. Artichoke, Dandelion, Birch and Burdock support depurative functions. Cacti-Nea™ (Opuntia ficus-indica) helps with body weight equilibrium and the modulation of nutrients absorption. Chromium contributes to maintain normal glucose blood levels. Magnesium contributes to electrolyte balance.

NUTRITIONAL FACTS

Ingredients	Per 2,5 dosers (50 ml)	DRV%*
Vitamin B6	1 mg	70%
Magnesium	135 mg	36%
Potassium	300 mg	15%
Chromium	107 mcg	267%
Cacti-Nea™	2 g	-
Birch f.e.	1 ml	-
Orthosiphon f.e.	1 ml	-
Dandelion g.e. FOS	0,72 ml	-
Green tea g.e. FOS	0,72 ml	-
Chicory g.e. FOS	0,36 ml	-
Fennel g.e. FOS	0,36 ml	-
Plum g.e. FOS	0,36 ml	-
Black currant g.e. FOS	0,36 ml	-
Bearberry g.e. FOS	0,36 ml	-
Burdock g.e. FOS	0,18 ml	-
Artichoke g.e. FOS	0,18 ml	-

^{*}DRV= Dietary Reference Value.

PACK

500 ml

FUNCTIONAL INGREDIENTS

Vitamin B6, Magnesium, Potassium, Chromium, Indian fig, Birch, Orthosiphon, Dandelion, Green tea, Plum, Chicory, Fennel, Black currant, Bearberry, Burdock, Artichoke.

HOW TO USE

2,5 measuring cups (50 ml) to dilute in 500 ml of water and drink throughout the day.



DRENA

ADDOME & FIANCHI

DRINK with Pineapple



FOR A DEPURATIVE AND DRAINING **ACTION WHERE NEEDED**

- 6 VEGETAL EXTRACTS WITH DRAINING ACTION (DANDELION, GREEN TEA, CHICORY, FENNEL, BLACK **CURRANT, BEARBERRY)**
- **DEPURATIVE ACTION (ARTICHOKE, DANDELION, BURDOCK)**
- **USEFUL FOR HUNGER CONTROL AND BODY WEIGHT MAINTENANCE (CITRIN K®)**
- WITH CITRIN K®, AN EXTRACT FROM GARCINIA CAMBOGIA

NUTRITIONAL FACTS

Ingredients	Per 2,5 dosers (50 ml)	DRV%*
Vitamin B6	1 mg	70%
Magnesium	135 mg	36%
Potassium	440 mg	22%
Chromium	107 mcg	267%
Citrin K®	500 mg	-
L-Carnitine	201 mg	-
Dandelion g.e. FOS	0,72 ml	-
Green tea g.e. FOS	0,72 ml	-
Chicory g.e. FOS	0,36 ml	-
Fennel g.e. FOS	0,36 ml	-
Plum g.e. FOS	0,36 ml	-
Black currant g.e. FOS	0,36 ml	-
Bearberry g.e. FOS	0,36 ml	-
Burdock g.e. FOS	0,18 ml	-
Artichoke g.e. FOS	0,18 ml	-

^{*}DRV= Dietary Reference Value.

PACK

500 ml

DRENA ADDOME E FIANCHI (ABDOMEN AND HIPS)s a food sup-plement of a mix of 10 plants with Magnesium, Potassium, Vitamin B6 and Chromium. Dandelion, Green tea, Chicory, Fennel, Black currant and Bearberry promote body fluid draining. Artichoke, Dandelion and Burdock support depurative functions. Citrin K® (Garcinia cambogia) supports lipids metabolism, helps with hunger control and with the equilibrium of body weight. Chromium contributes to maintain normal glucose blood levels. Magnesium contributes to electrolyte balance.

FUNCTIONAL INGREDIENTS

Vitamin B6, Magnesium, Potassium, Chromium, Garcinia Cambogia, L-Carnitine, Dandelion, Green tea, Plum, Chicory, Fennel, Black currant, Bearberry, Burdock, Artichoke.

HOW TO USE

2,5 measuring cups (50 ml) to dilute in 500 ml of water and drink throughout the day.



FOR A NATURAL HELP

IMMUNODAY

MUSHROOMS, PHYTOEXTRACTS, OLIGOELEMENTS, 3 SYNERGISTIC ACTIONS TO SUPPORT THE NATURAL DEFENSES



- 1 PACK= 1 COMPLETE CYCLE OF TREATMENT
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Reishi d.e. 10%	150 mg	-
Shitake d.e. 10 %	150 mg	-
Coneflower d.e. 4%	100 mg	-
Vitamin C	80 mg	100%
Vitamin D3	5 mcg	100%
Vitamin B6	1,4 mg	100%
Vitamin B12	2,5 mcg	100%
Folic acid	200 mcg	100%
Zinc	10 mg	100%
Copper	1 mg	100%
Selenium	55 mcg	100%

^{*}DRV= Dietary Reference Value.

PACK

20 tablets (600 mg)

IMMUNODAY is a food supplement of mushrooms, vegetal extracts, vitamins and minerals, which act in synergy. Reishi and Shitake, together with Coneflower extract, support natural defenses. Vitamins (B6, B12, C, D3, Folic acid) and minerals (Selenium, Copper and Zinc) contribute to the normal immune system functioning.

FUNCTIONAL INGREDIENTS

Shitake, Reishi, Coneflower, Vitamins (C, D3, B6, B12, Folic acid), Zinc, Copper, Selenium.

HOW TO USE

1 tablet a day preferably in the morning. Take the product for 20 days cycles, interrupting the assumption for 10 days after each cycle.



FOR A NATURAL HELP

IMMUNODAY BABY

WITH PHYTOEXTRACTS, ZINC AND VIT C TO SUPPORT THE NATURAL BODY DEFENSES



- 1 PACK=1 COMPLETE CYCLE OF TREATMENT
- CONCENTRATED AND EASY TO TAKE:
 10 ML A DAY
- WITHOUT COLORINGS
- ANALCOHOLIC
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

IMMUNODAY BABY is a food supplement of vegetal extracts with Vitamin C and Zinc. Coneflower promotes the body's natural defenses and the upper airway function. Vitamin C contributes to the normal energetic metabolism, to the reduction of tiredness and fatigue and, together with Zinc, to the normal function of the immune system.

NUTRITIONAL FACTS

Per dose (10 ml)	DRV%*
66 mg	D R 1 70
0,1 ml	
67,5 mg	84%
3 mg	30%
	0,1 ml 67,5 mg

*DRV= Dietary Nutritional Values.

PACK

150 ml

FUNCTIONAL INGREDIENTS

Coneflower, Turmeric, Zinc, Vitamin C.

HOW TO USE

10 ml once a day, preferably in the morning. Take the product for 15 days cycles, stopping the assumption for 10 days after each cycle.



NEW

Immunokur

Lattoferrina plus

WITH LACTOFERRIN, VITAMIN C, VITAMIN D3 AND ZINC TO SUPPORT THE NORMAL FUNCTION OF THE IMMUNE SYSTEM



- USEFUL FOR THE NORMAL FUNCTION OF THE IMMUNE SYSTEM
- IT CONTRIBUTES TO THE REDUCTION OF TIREDNESS AND FATIGUE
- NATURALLY LACTOSE FREE
- GLUTEN FREE

NUTRITIONAL FACTS

INGREDIENTS	Per dose (2 tab)	% DRV*
Vitamin C	240 mg	300%
Lactoferrin	200 mg	
Vitamin D3	20 mcg	400%
Zinc bisglycinate	75 mg	
of which zinc	15 mg	150%

*DRV= Dietary Reference Value.

PACK

20 tablets (350 mg)

IMMUNOKUR is a food supplement with Vitamin C, Vitamin D3, Lactoferrin and Zinc. Vitamin C contributes to the reduction of tiredness and fatigue, and together with Vitamin D3 and Zinc, contributes to the normal function of the immune system.

FUNCTIONAL INGREDIENT

Lactoferrin, Vitamin C, Vitamin D3 and Zinc.

HOW TO USE

Si consiglia l'assunzione di 1 o 2 compresse al giorno



Immunokur

Lattoferrina plus

Spray orale

WITH LACTOFERRIN, VITAMIN C, VITAMIN D3 AND ZINC TO SUPPORT THE NORMAL FUNCTION OF THE IMMUNE SYSTEM



- USEFUL FOR THE NORMAL FUNCTION OF THE IMMUNE SYSTEM
- IT CONTRIBUTES TO THE REDUCTION OF TIREDNESS AND FATIGUE
- NATURALLY LACTOSE FREE
- GLUTEN FREE

IMMUNOKUR is a food supplement with Vitamin C, Vitamin D3, Lactoferrin and Zinc. Vitamin C contributes to the reduction of tiredness and fatigue, and together with Vitamin D3 and Zinc, contributes to the normal function of the immune system.

NUTRITIONAL FACTS

INGREDIENTS	Per dose (1,5 ml)	% DRV*
Vitamin C	93 mg	116,25%
Lattoferrin	50 mg	
Vitamin D3	12,5 mcg	500%

*DRV= Dietary Reference Value.

PACK

30 ml

FUNCTIONAL INGREDIENT

Lactoferrin, Vitamin C, Vitamin D3.

HOW TO USE

3 spray 4 times a day

BACK INDEX CATEGORY/NEEDS



HEAVY LEGS

VENAFORT

FOR HEALTHY MICRO- AND VENOUS CIRCULATION



- HELPFUL TO MICROCIRCULATION (BILBERRY, SWEET CLOVER, CENTELLA, GINKGO BILOBA)
- IT SUPPORTS VENOUS CIRCULATION (SWEET CLOVER)
- WITH NO ADDED SUGARS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (3 tabs)	DRV%*
Vitamin C	240 mg	300%
Bioflavonoids	420 mg	
of which Hesperidin	301,6 mg	
Bilberry d.e.	177 mg	
Sweet clover d.e.	168 mg	
Centella d.e.	135 mg	
Ginkgo biloba d.e.	60 mg	

^{*}DRV= Dietary Reference Value.

PACK

45 tablets (700 mg)

VENAFORT is a food supplement of Bioflavonoids, vegetal extracts and Vitamin C. Bilberry and Centella can be useful to counteract heavy legs and, together with Sweet clover and Ginkgo, to keep healthy the main functions of the microcirculation. Furthermore, Sweet clover is useful for functionality of the hemorrhoidal plexus. Vitamin C contributes to normal collagen formation for the regular function of blood vessels.

FUNCTIONAL INGREDIENTS

Vitamin C, Bioflavonoids, Bilberry, Sweet clover, Centella, Ginkgo Biloba.

HOW TO USE

3 tablets throughout the day as needed.



HEAVY LEGS

VENAFORT

A QUICK RELIEF FOR HEAVY LEGS



NO FRAGRANCE, SLS OR SLES

VENAFORT GEL helps, from the first application, to give your legs an immediate sensation of freshness and lightness and a healthy, natural sensation of wellbeing. Its unique composition with active substances from the natural extracts of Papaya, Red vine and Centella, emulsified in a eudermic base, contributes to tone your skin.

FUNCTIONAL INGREDIENTS

Mimosa, Gingko Biloba, Red Vine, Papaya, Centella, Menthol.

HOW TO USE

Apply as needed, at least once a day, preferably in the evening. The treatment should be continued for at least 6/8 weeks.

PACK



PREGNANCY



TO CONTRIBUTE TO MATERNAL TISSUE GROWTH DURING PREGNANCY



- MULTIVITAMIN
- MAXIMUM ALLOWED DOSE OF FOLIC ACID: 400 MCG/DIE
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
•	` '	
Vitamin C	120 mg	150%
Vitamin B3	18 mg	112,5%
Vitamin E	12 mg	100%
Lipoic acid	10 mg	-
Vitamin B6	3 mg	214,3%
Beta-carotene	1,5 mg	-
Folic acid	400 mcg	200%
Vitamin D3	5 mcg (200 IU)	100%
Magnesium	104 mg	27,7%
Fish oil pwd.	40 mg	-
of which omega-3	3,6 mg	-
Borage oil pwd.	20 mg	-
of which omega 6 (GLA) 1,5 mg	-

*DRV= Dietary Reference Value.

PACK

30 tablets (820 mg)

MPM Primimesi is a food supplement of vitamins and Magnesium, with Omega 3 and 6 from Fish and Borage oils. It is suggested in case of deficiency or increased nutritional needs of those ingredients.

Folate contributes to maternal tissue growth during pregnancy.

Vitamin B6 contributes to the regulation of hormonal activity.

Borage promotes integrity and functioning of cell membranes.

FUNCTIONAL INGREDIENTS

Vitamins, Magnesium, Lipoic Acid, Beta-Carotene, Fish Oil, Borage Oil.

HOW TO USE

1 tablet a day, swallowed with water or other beverages.



PAUSAKUR

ADVANCE

SOURCES OF ISOFLAVONES

FOR A SERENE MENOPAUSE



- ISOFLAVONES 80 MG/DIE:
 THE MAXIMUM ALLOWED DOSE
- 3 SOURCES OF ISOFLAVONES: SOY, RED CLOVER, KUDZU
- WITH CALCIUM AND VIT. D3: TO MAINTAIN HEALTHY BONES
- HIGH EFFICACY: 1 TABLET A DAY
- GMO-FREE
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

PAUSAKUR ADVANCE is a food supplement of Isoflavones, Calcium and Vitamin D3. Gricar's research has carefully selected 3 sources with high quantities of Isoflavones: Soy, Red Clover and Kudzu extracts. The intake of only one tablet a day of PAUSAKUR ADVANCE supplements 80 mg of Isoflavones. Soy and Red clover are helpful for counteracting the annoying menopause discomforts, Calcium, with the contribute of Vitamin D3, is necessary to maintain healthy bones.

NUTRITIONAL FACTS

Nutrients	Per dose (1 tab)	DRV%*
Red clover d.e. 8%	250 mg	
Soy d.e. 40%	75 mg	
Kudzu d.e. 40%	75 mg	
Tot Isoflavones	80 mg	
Vitamin D3	10 mcg	200%
Calcium	120 mg	15%

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (800 mg)

FUNCTIONAL INGREDIENTS

Red Clover, Soy, Kudzu, Calcium, Vitamin D3.

HOW TO USE

1 tablet a day.



ALLERGIES

ALLERKUR

TO PROMOTE THE WELLNESS OF THE UPPER RESPIRATORY TRACT



- IN CASE OF ALLERGIC RHINITIS, IT PROMOTES
 THE WELLNESS OF NOSE AND THROAT
 (BLACK CURRANT)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

ALLERKUR is a food supplement of vegetal extracts of Black currant, Long pepper and Perilla. Black currant is useful for the wellbeing of nose and throat, Perilla supports the natural body defenses. Long pepper has a tonic-adaptogen action, helpful to give support when needed.

NUTRITIONAL FACTS

Ingredients	Per dose (2 tablets)
Black currant d.e.	160 mg
Black currant g.m.	160 mg
Perilla d.e. 2,5%	40 mg
Long Pepper d.e. 95%	20 mg

PACK

40 tablets (500 mg)

FUNCTIONAL INGREDIENTS

Black Currant, Perilla, Long Pepper (Piper longum).

HOW TO USE

1 tablets in the morning, 1 in the evening, before eating, with a glass of water.



PREVENGOLA

QUICK RELIEF FOR SORE THROAT, WHEN NEEDED



- IT PROMOTES THROAT WELLNESS (THYME)
- BALSAMIC FLAVOR



NUTRITIONAL FACTS

Ingredients	Per dose (4 tabs)	DRV%*
Thyme f.e.	126 mg	
Dog rose f.e	126 mg	
Vitamin C	16 mg	20%
Tea tree oil	8,4 mg	

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (500 mg)

PREVEN GOLA is a food supplement of vegetal extracts and Vitamin C. Thyme is helpful for nose and throat wellness, and the fluidity of bronchial secretions. Tea tree supports the functioning of the upper airways. Dog rose has a supportive and restorative action. Vitamin C contributes to the normal function of the immune system.

FUNCTIONAL INGREDIENTS

Thyme, Dog Rose, Vitamin C, Tea Tree Oil.

HOW TO USE

Dissolve in the mouth 3-4 tablets a day, as needed.



FLU SYMPTOMS



A REMEDY FOR THE EARLY SEASONAL SYMPTOMS



- IT CONTRIBUTES TO THE FUNCTION OF THE IMMUNE SYSTEM (VITAMIN C)
- BALSAMIC, IT HELPS THE FLUIDITY OF BRONCHIAL SECRETIONS (TOLU BALSAM)
- WITHOUT COLORINGS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (10 ml)	DRV%*
Willow f.e.	0,2 ml	
of which Salicin	0,2 mcl	
Meadowsweet f.e.	0,2 ml	
Tolu Balsam f.e.	0,2 ml	
Vitamin C	160 mg	200%
Menthol	0,03 ml	
Eucalyptol	0,02 ml	

^{*}DRV= Dietary Reference Value.

PACK

150 ml

CONTRA FLU C is a food supplement of vegetal extracts with Vitamin C, Menthol and Eucalyptol. In particular, Tolu balsam is helpful for the fluidity of bronchial secretions and the wellness of the respiratory mucosa; furthermore, it provides a balsamic effect. Vitamin C contributes to the normal function of the immune system and the protection of cells from oxidative stress.

FUNCTIONAL INGREDIENTS

Willow, Meadowsweet, Tolu balsam, Vitamin C, Menthol, Eucalyptol.

HOW TO USE

1-2 measuring cups (5 ml) a day.



FLU SYMPTOMS



A REMEDY FOR THE EARLY SEASONAL SYMPTOMS



NUTRITIONAL FACTS

Ingredients	Per dose (5 ml)	DRV%*
Coneflower f.e.	37,5 mcl	
Tolu balsam	37,5 mcl	
Marsh-mallow f.e.	37,5 mcl	
Dog rose f.e.	9,75 mcl	
Acerola f.e.	4,5 mcl	
Vitamin C	12 mg	15%
Royal jelly	0,25 mg	

^{*}DRV= Dietary Reference Value.

PACK

150 ml

- USEFUL FOR CHILDREN'S NATURAL DEFENSES (CONEFLOWER, ACEROLA)
- SUPPORTIVE AND RESTORATIVE ACTION (DOG ROSE)
- WITHOUT COLORINGS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

CONTRA FLU C BABY is a food supplement of vegetable extracts, with Royal jelly and Vitamin C. Acerola and Coneflower promote the body's natural defenses; moreover, Acerola and Dog rose, both antioxidants, have a supportive and restorative action. Vitamin C contributes to the normal function of the immune system and to the protection of cells from oxidative stress. Altea promotes the functionality of the mucous membranes of the respiratory system and the well-being of the throat.

FUNCTIONAL INGREDIENTS

Coneflower, Tolu balsam, Marsh-mallow, Dog rose, Acerola, Vitamin C, Royal jelly.

HOW TO USE

1 coffee spoon (2,5 ml) 3 times a day.



FLU SYMPTOMS



A QUICK HELP FOR THE EARLY SEASONAL SYMPTOMS: 5 DAYS TREATMENT



• HIGH VITAMIN C DAILY SUPPLEMENTATION (320 MG)

- SUGAR-FREE
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

CONTRA FLU C STICK is a food supplement with standardized vegetal extracts with Vitamin C, suggested in case of deficiency or increased nutritional needs of those ingredients. Coneflower and Elderberry promote the body's natural defenses and the upper airway function; Elderberry also supports the fluidity of bronchial secretions. Eucalyptus provides a balsamic effect and a soothing and emollient action on the oropharyngeal mucosa. Vitamin C (400% DRV) contributes to the normal function of the immune system and to the reduction of tiredness and fatigue.

NUTRITIONAL FACTS

Ingredients	Per dose (2 sticks)	DRV%*
Coneflower d.e. 0,6%	200 mg	
Meadowsweet f.e. 0,2%	400 mg	
Willow d.e. 15%	400 mg	
of which Salicin	60 mg	
Eucalyptus d.e.	100 mg	
Elderberry d.e. 0,3%	200 mg	
Vitamin C	320 mg	400%

^{*}DRV= Dietary Reference Value.

PACK

10 stick (3,5 g)

FUNCTIONAL INGREDIENTS

Coneflower, Meadowsweet, Willow, Eucalyptus, Elderberry, Vitamin C.

HOW TO USE

At the early manifestations, 2 sticks a day, one in the morning and one in the evening, on a full stomach; each stick should be preferably dissolved in a glass of hot water and drunk soon, in order to benefit of the heat.



PROPOLIS:



NATURAL REMEDY, USEFUL FOR FALL, WINTER, SPRING, SUMMER



- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

PROPOLIS D3 is a food supplement of vitamins D3 and C, Folic acid, Propolis and vegetal extracts of Coneflower, Elderberry, and Papaya; suggested in cases of deficiency or increased nutritional needs of these ingredients. Vitamin D, C and Folic acid contribute to the normal function of the immune system. Vitamin C and Folic acid contribute to the reduction of tiredness and fatigue Coneflower and Elderberry promote the functioning of the upper airways and, with Papaya, the body's natural defenses.

NUTRITIONAL FACTS

Ingredients	Per dose (10 ml)	% DRV*
(1/	'2 measuring cup)	
Vitamin D3	5 mcg	100%
Folic Acid	200 mcg	100%
Vitamin C	80 mg	100%
Propolis e.	150 mg	-
Papaya d.e.	100 mg	-
Coneflower d.e. std. 0,6%	50 mg	-
Elderberry d.e. std. 0,3%	40 mg	-

^{*}DRV= Dietary Reference Value.

PACK

150 ml

FUNCTIONAL INGREDIENTS

Vitamin D3, Vitamin C, Folic Acid, Propolis, Coneflower, Elderberry, Papaya.

HOW TO USE

Half a measuring cup a day, pure or diluted with water or other beverage.



PROPOL ADULTS MAEF

A LINE OF NATURAL REMEDIES, USEFUL FOR **FALL, WINTER, SPRING, SUMMER**

LA LINEA PROPOLIS is a complete line containing Propolis with controlled doses and standardized and concentrated active ingredients, obtained with the MAEF™ method. This extract is purified, concentrated (tit. in total bioflavonoids content, measured as galangin 2 4,1%) and dewaxed, but not depleted of its natural mix of functional substances. It is obtained exclusively starting from standardized and certified raw material.

The properties of propolis are: antibacterial, antiviral, antifungal, anti-inflammatory.

ANALCOHOLIC DROPS:

FOR THE DEFENSES AND WELL-BEING OF NOSE AND THROAT

PROPOLI GOCCE ADULTI is a food supplement of Propolis with Honey and extracts of Coneflower, Marsh mallow and Licorice. Propolis is produced by MAEF™ method, a process of high efficiency maceration, to manufacture a concentrated, purified and dewaxed extract. Coneflower promotes the natural defense of the body; Marsh mallow supports the functions of the respiratory mucosa. Finally, Licorice is useful for nose and throat wellness and for fluidifying bronchial secretions. **NUTRITIONAL VALUES**



HOW TO USE:

30 drops, three times a day, divided between main meals, dissolved in a little water or other liquid to taste.

Altea f.e.	
Licorice e.f.	

NUTRIENTS

Propolis extract

Echinacea f.e.

NUTRIENTS

Licorice f.e.

Altea f.e.

Echinacea f.e.

Propolis extract

PACK 50 ml

per 90 drops

0.12 ml

30 mg

30 mg

30 mg

per daily dose

0.2 ml

0,1 ml

0,1 ml

0.1 ml

SYRUP:

IT SUPPORTS NATURAL DEFENSES AND FLUIDIFIES BRONCHIAL SECRETIONS

SCIROPPOSA ADULTI is a food supplement with Propolis and extracts of Licorice*, Coneflower and Marsh mallow, combined with a high percentage of honey. Propolis is produced by MAEF™ method, a process of high efficiency maceration, for producing a concentrated, purified and dewaxed Propolis, maintaining unaltered its properties. Licorice supports the wellness of nose and throat, and the fluidity of bronchial secretions. Coneflower supports the body's natural defenses, while Marsh mallow promotes the functions of the respiratory mucosa. **NUTRITIONAL VALUES**



HOW TO USE:

Half a measuring cup twice a day or 3-4 tea spoons a day, to be taken pure or diluted in beverages.

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PROPOLIS MAEF



HYDROALCOHOLIC SOLUTION:

PURE PROPOLI

PROPOLI SOLUZIONE IDROALCOLICA This solution of propolis is the fruit of Gricar's many years of experience in propolis processing; it is obtained by 30% dilution of the total extract, titrated in bioflavonoids, concentrated, purified and dewaxed, which is produced with the MAEF"method (High Efficiency Maceration).

HOW TO USE:

Internal use: take 50 drops diluted in half a glass of water.

For the oral cavity:50 drops in half a glass of water for for the rinses; or dab the gum with the pure product.

NUTRITIONAL VALUES

NUTRIENTS per of Propolis extract

per dose 50 drops 1,09 ml

PACK

30 ml



ORAL SPRAY:

BALSAMIC, FOR A HEALTHY THROAT

PROPOLI SPRAY ORALE ADULTI is a food complement with vegetal extracts and Propolis, produced by the MAEF" method, a process of high efficiency maceration, to manufacture a concentrated, purified and dewaxed Propolis. Coneflower promotes the natural defense of the

body and, with Mint, supports the functioning of the upper airway. Eucalyptus has a soothing and emollient action on the oropharyngeal mucosa; while Mountain pine* provides a balsamic effect and helps with throat wellness.

HOW TO USE:

1-2 sprays at a time, as needed, 3-4 times a day.

NUTRITIONAL VALUES	
NUTRIENTS	per daily dos
Propolis extract	0,98 ml
Echinacea f.e.	3 mg
Mint e.o.	0,8 mg
Eucalyptus e.o.	0,6 mg
Mountain pine e.o.	0,6 mg

PACK



PROPOLIS MAEF



PACK

10 stick da 3g

STICK:

5 DAYS TREATMENT

PROPOLI STICK is a food supplement of PROPOLIS produced by MAEF™ method, a process of high efficiency maceration, for producing a concentrated, purified and dewaxed Propolis. Furthermore, the product contains standardized vegetal extracts and Vitamin C. In particular, Coneflower promotes the body's natural defenses and, together with Buckhorn plantain, the upper airway function. Eucalyptus provides a balsamic effect, Licorice supports the wellness of nose and throat. Vitamin C (200% DRV) contributes to the normal function of the immune system.

HOW TO USE:

At the early discomforts 2 sticks a day dissolved in a glass of water, one in the morning and one in the evening. As maintenance, take 1 stick a day.

NUTRITIONAL VALUES		
NUTRIENTS	per daily dose	%DRV*
	(2 stick)	
Propolis d.e. tit. 2,5%	400 mg	
Echinacea d.e. tit. 0,6%	200 mg	
Plantago lanceolata d.e. tit. 1	% 100 mg	
Eucalyptus D/E:4/1	300 mg	
Licorice d.e. tit. 10%	100 mg	
Vitamin C	160 mg	200%

^{*}DRV= Dietary Reference Value.

PROPOLIS MAE FIM CONCENTRATA - FURIFICATA - DECERATA Balantania general (a more consignation of construction) GRICAR 30 Toylotha

PACK

30 tablets (26,7g)

BALSAMIC TABLETS:

PURE PROPOLIS

PROPOLI TAVOLETTE is a food supplement with Propolis, produced by MAEF™ method, a process of high efficiency maceration, for producing a concentrated, purified and dewaxed Propolis, maintaining unaltered its properties.

HOW TO USE:

Chew or melt up to 4 tablets a day.

NUTRITIONAL VALUES		
NUTRIENTS	Per 4 tab	
Propolis extract	400 mg	



PROPOLIS BABY MAEF

A LINE OF NATURAL REMEDIES, USEFUL FOR FALL, WINTER, SPRING, SUMMER

LA LINEA **PROPOLIS BIMBI** is a complete line containing Propolis, obtained using the MAEF™ method, and developed according to your kids' safety and necessities. Consequently, all products are easy -to -use, have a pleasant flavor and contain effective, safe and standardized vegetal extracts.



TABLETS:

WITH NO ADDED SUGARS, RASPBERRY FLAVOR

PROPOLI TAVOLETTE BIMBI is a food supplement with Propolis, produced by MAEF™ method, a process of high efficiency maceration, for producing a concentrated, purified and dewaxed Propolis, maintaining unaltered its properties.

HOW TO USE:

Chew or melt up to 3 tablets a day.

NUTRITIONAL VALUES	
NUTRIENTS	Per 3 tab
Propolis extract	150 mg

PACK

30 tablets (26,7g)

ANALCOHOLIC DROPS:

FOR NATURAL DEFENSES AND WELL-BEING OF NOSE AND THROAT

PROPOLI GOCCE BIMBI is a food supplement of Propolis with Honey and extracts of Coneflower, Marsh mallow and Licorice, with raspberry flavor, very palatable to children. Propolis is produced by MAEF™method, a process of high efficiency maceration, to manufacture a concentrated, purified and dewaxed extract. Coneflower promotes the natural defense of the body; Marsh mallow supports the functions of the respiratory mucosa. Finally, Licorice is useful for nose and throat wellness and for fluidifying bronchial secretions.



HOW TO USE:

20 drops, three times a day during main meals, dissolved in water or other beverage, or 15 drops on a sugar cube.

NUTRITIONAL VALUES		
NUTRIENTS	per 60 drops	
Propolis extract	0,06 ml	
Echinacea f.e	20 mg	
Altea f.e.	20 mg	
Licorice f.e.	20 mg	

PACK 50 ml



PROPOLIS BABY MAEF

A LINE OF NATURAL REMEDIES, USEFUL FOR FALL, WINTER, SPRING, SUMMER



ORAL SPRAY:

FOR A TARGETED ACTION

PROPOLI SPRAY BIMBI is a food complement with Black currant* and Propolis, produced by the MAEF™ method, a process of high efficiency maceration, to manufacture a concentrated, purified and dewaxed Propolis. Black currant is a natural help for mouth and throat. Its good taste of strawberry and cherry, makes the product particularly appreciated by children.

HOW TO USE:

1-2 sprays 3 times a day, when necessary. Apply directly in the mouth and repeat throughout the day.

NUTRITIONAL VALUES

NUTRIENTI per 60 gocce

Propolis extract 0,010 ml

Ribes d.e. 2.664 mg

PACK

15 ml



SCIROPPO:

IT SUPPORTS NATURAL DEFENSES AND FLUIDIFIES BRONCHIAL SECRETIONS.

PROPOLI SCIROPPOSA BIMBI is a food supplement with Propolis and extracts of Licorice(1), Coneflower and Marsh mallow, combined with a high percentage of honey. Propolis is produced by MAEF™ method, a process of high efficiency maceration, for producing a concentrated, purified and dewaxed Propolis, maintaining unaltered its properties. Licorice supports the wellness of nose and throat, and the fluidity of bronchial secretions. Coneflower supports the body's natural defenses, while Marsh mallow promotes the functions of the respiratory mucosa.

HOW TO USE:

Half a measuring cup twice a day or 3-4 tea spoons a day, to be taken pure or diluted in beverages.

NUTRITIONAL VALUES	
NUTRIENTI	per dose giornaliera
Propolis extract	0,33 ml
Echinacea f.e.	0,1 ml
Altea f.e.	0,1 ml
Licorice f.e.	0,1 ml





COUGH

TYMOBRON TUSS

BALSAMIC EFFECT



NUTRITIONAL FACTS

Ingredients	Per dose (10 ml)
Drosera f.e.	0,133 ml
Thyme f.e.	0,133 ml
Tolu balsam f.e.	0,133 ml
Marsh mallow f.e.	0,067 ml
Licorice f.e.	0,067 ml
Black currant g.m.	0,067 ml
Eucalyptus e.o.	0,06 ml
Lemon e.o.	0,04 ml
Anethole	0,02 ml

PACK

150 ml

- 4 SELECTED HERBS TO FLUIDIFY BRONCHIAL SECRETIONS
- SOOTHING AND LENITIVE ACTION ON THE OROPHARYNGEAL MUCOSA (DROSERA)
- WITHOUT ADDED COLORINGS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

TYMOBRONTUSS is a food supplement of vegetal extracts and essential oils, enriched with honey. Thyme, Drosera, Licorice and Tolu balsam promote the fluidity of bronchial secretions; furthermore, Drosera has a soothing and lenitive action on the oropharyngeal mucosa, while Thyme and Marsh mallow supports a healthy throat. Finally, Eucalyptus provides a balsamic effect.

FUNCTIONAL INGREDIENTS

Drosera, Thyme, Tolu Balsam, Marsh Mallow, Licorice, Black Currant, Eucalyptus, Lemon, Anethole.

HOW TO USE

5 ml twice a day, pure or diluted with a preferably warm beverage.



COUGH

TYMOBRON TUSS Junior

LENITIVE ACTION



- 2 SELECTED HERBS USEFUL TO FLUIDIFY BRONCHIAL SECRETIONS
- SOOTHING AND LENITIVE ACTION ON THE OROPHARYNGEAL MUCOSA (DROSERA)
- WITHOUT ADDED COLORINGS
- PALATABLE TO CHILDREN
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

CITRUS FLAVOR

NUTRITIONAL FACTS

Ingredients	Per dose (10 ml)
Marsh mallow f.e.	0,1 ml
Thyme f.e.	0,066 ml
Drosera f.e.	0,033 ml
Orange e.o.	0,017 ml

PACK

150 ml

TYMOBRONTUSS JUNIOR is a food supplement of vegetal extracts of Marsh mallow, Thyme and Drosera. Marsh mallow is helpful for the functioning of the respiratory mucosa and for throat wellness. Thyme and Drosera promote the fluidity of the bronchial secretion. Honey and Orange oil make the product palatable to children.

FUNCTIONAL INGREDIENTS

Marsh Mallow, Drosera, Thyme, Orange, Honey.

HOW TO USE

5 ml twice a day, pure or diluted with a preferably warm beverage.



PREVENVOCE

TO SUPPORT THE TONE OF VOICE, WHEN NEEDED



- SOOTHING AND EMOLLIENT ACTION ON THE OROPHARYNGEAL MUCOSA (SISYMBRIUM)
- BALSAMIC FLAVOR

NUTRITIONAL FACTS

 Ingredients
 Per dose (4 tabs)

 Sisymbrium d.e.
 150 mg

 Myrrha pdr.
 22,2 mg

PREVEN VOCE is a food supplement with Sisymbrium and Myrrha. Sisymbrium has a soothing and emollient action on the oropharyngeal mucosa, and supports the voice tone. Myrrha helps with the oropharyngeal mucosa functioning.

FUNCTIONAL INGREDIENTS

Sisymbrium, Myrrha.

HOW TO USE

Dissolve in the mouth 3-4 tablets a day, as needed.

PACK

30 tablets (500 mg)



CALENDULA

IN CASE OF CRACKING AND REDDENING OF THE SKIN



- HIGH CONCENTRATION (30% MARIGOLD G.E.)
- WITHOUT PEG AND PARABENS

COMPOSITE CREAM CALENDULA is characterized by the presence of Marigold, a plant native to North Africa. This plant is recommended as a cosmetic coadjutant for skins that are particularly sensitive, dehydrated and prone to cracking and reddening. Thanks to its properties, Marigold provides an eudermic function.

FUNCTIONAL INGREDIENTS

Marigold.

HOW TO USE

Spread with a circular massage an appropriate amount of product on the area to be treated. The application can be repeated as needed.

PACK



BRUISES

ARNICA

IN CASE OF BRUISES AND JOINT OR MUSCLE PAIN



- HIGH CONCENTRATION (30% MOUNTAIN ARNICA G.E.)
- WITHOUT PEG AND PARABENS

COMPOSITE CREAM ARNICA is suggested to relieve the discomfort caused by minor injuries. Thanks to its moisturizing and emollient properties, it is ideal for sport massages. Mountain arnica has many therapeutic and beneficial properties: it promotes the physiological and natural balance of the musculoskeletal structures, and helps with the prevention of large hematomas or edema formation. This is useful in case of bruises, traumas and joint or muscle pain.

FUNCTIONAL INGREDIENTS

Mountain Arnica.

HOW TO USE

Spread with a circular massage an appropriate amount of product on the area to be treated. The application can be repeated as needed.

PACK



JOINT PAINS

HARPAGO

TO SUPPORT THE JOINT FUNCTION



- HIGH CONCENTRATION (30% DEVIL'S CLAW G.E.)
- WITHOUT PEG AND PARABENS

claw, a plant native to the Kalahari Desert and Southern African regions. It is traditionally used by the locals for its particular characteristics and properties, because it can assist the physiological joint function

FUNCTIONAL INGREDIENTS

Devil's Claw.

HOW TO USE

Spread with a circular massage an appropriate amount of product on the area to be treated. The application can be repeated as needed.

PACK



MOUTHWASH

PROGENGIVAL Stick COLLUTORIO

SUGGESTED FOR: HALITOSIS – MOUTH AND TEETH CLEANING – GUMS AND THROAT HEALTH – DENTAL PROTHESIS CLEANING.



PACK

14 stick (10ml)

- WITH ALOE VERA
- WITH MINT OIL

PROGENGIVAL COLLUTORIO useful for the treatment of bad breath, hygiene of the oral cavity and teeth, hygiene of prostheses and appliances. Peppermint oil performs a refreshing action on breath and gums; fluorine has a known remineralizing action on the teeth.

FUNCTIONAL INGREDIENTS

Aloe Vera, Mint Oil, Fluorine.

HOW TO USE

Pull out the white measure and unscrew the cup. Rinsing and gargling: $\frac{1}{2}$ measure of product 2-3 times daily after main meals. Let the product act for 1 minute, spit out and do not rinse. Do not eat for 30 minutes after rinsing. Prothesis cleaning: use 2 measures of product diluted in a little water. The product contains sodium monofluorophosphate.



MOUTHWASH

PROGENGIVAL

(COLLUTORIO)

SUGGESTED FOR: HALITOSIS – MOUTH AND TEETH CLEANING – GUMS AND THROAT HEALTH – DENTAL PROTHESIS CLEANING.



250 ml

- WITH ALOE VERA
- WITH MINT OIL

PROGENGIVAL COLLUTORIO useful for the treatment of bad breath, hygiene of the oral cavity and teeth, hygiene of prostheses and appliances. Peppermint oil performs a refreshing action on breath and gums; fluorine has a known remineralizing action on the teeth.

FUNCTIONAL INGREDIENTS

Aloe Vera, Mint Oil, Fluorine.

HOW TO USE

Pull out the white measure and unscrew the cup. Rinsing and gargling: $\frac{1}{2}$ measure of product 2-3 times daily after main meals. Let the product act for 1 minute, spit out and do not rinse. Do not eat for 30 minutes after rinsing. Prothesis cleaning: use 2 measures of product diluted in a little water. The product contains sodium monofluorophosphate.



EUFLORA ADVANCE



COMES FROM THE PROJECT





Gricar has been a project partner of **PROBIOPLUS 4 FOOD** on the development of genotyped Probiotics, realized in collaboration with the University of Milano-Bicocca and with the resources of the European Union, the Italian State and the Lombardy Region, in application of the Regulation (EC) No. 1083/2006 (art. 69) and the Regulation (EC) No. 1828/2006, and according to the procedures, identified for that purpose by the Lombardy Region and communicated to the Recipients.





EUFLORA ALL FREE



TO BALANCE THE INTESTINAL FLORA AND SUPPORT THE IMMUNE SYSTEM



- SYMBIOTIC: INULIN (PREBIOTIC) TO SUPPORT PROBIOTICS
- 3 STRAINS OF GENOTYPED PROBIOTICS: STUDIED AND VERIFIED PROPERTIES
- IT SUPPORTS THE NORMAL FUNCTION OF THE IMMUNE SYSTEM (VIT. B6, FOLIC ACID)
- HIGH EFFICACY: ONLY 1 CAPSULE A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- NO FRIDGE

NUTRITIONAL FACTS

Per dose (1 caps)	DRV%*
2 Bil	
3 Bil	
3 Bil	
1,1 mg	100%
1,4 mg	100%
1,4 mg	100%
16 mg	100%
0,2 mg	100%
332 mg	
	2 Bil 3 Bil 3 Bil 1,1 mg 1,4 mg 1,4 mg 16 mg 0,2 mg

*DRV= Dietary Reference Value.

PACK

24 capsules (520 mg)

EUFLORA 8 MILIARDI ADVANCE ALL FREE is a food supplement of genotyped Probiotics, developed in the project PROBIOPLUS 4 FOOD, B Vitamins and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance. B Vitamins contribute to normal energy-yielding metabolism. Furthermore, Folic acid and Vitamin B6 help the normal immune function.

FUNCTIONAL INGREDIENTS

Probiotics, B Vitamins, Inulin.

HOW TO USE



EUFLORA ADVANCE **STICK**



FOR THE INTESTINAL FLORA BALANCE, IN EASY-TO-USE STICKS



- SYMBIOTIC: INULIN (PREBIOTIC) TO SUPPORT **PROBIOTICS**
- **3 STRAINS OF GENOTYPED PROBIOTICS:** STUDIED AND VERIFIED PROPERTIES
- **HIGH EFFICACY: 1 STICK A DAY**
- NATURALLY LACTOSE-FREE
- **GLUTEN-FREE**
- NO FRIDGE

NUTRITIONAL FACTS

Ingredients	Per dose (1 stick)
Lactobacillus plantarum	2 Bil
Lactobacillus reuteri	3 Bil
Lactobacillus rhamnosus	3 Bil
Inulin	3141 mg

PACK

10 stick (3,5 g)

EUFLORA 8 MILIARDI ADVANCE STICK is a food supplement of genotyped Probiotics, developed in the project PROBIOPLUS 4 FOOD, and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance.

FUNCTIONAL INGREDIENTS

Probiotics, Inulin.

HOW TO USE

1 stick a day dissolved in water, preferably on an empty stomach or 15 min before eating.





TO BALANCE THE INTESTINAL FLORA



- SYMBIOTIC: INULIN (PREBIOTIC) TO SUPPORT PROBIOTICS
- 3 STRAINS OF GENOTYPED PROBIOTICS:
- STUDIED AND VERIFIED PROPERTIES
- HIGH EFFICACY: 1 STICK A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 caps)
Lactobacillus plantarum	2 Bil
Lactobacillus reuteri	3 Bil
Lactobacillus rhamnosus	3 Bil
Inulin	352 mg

PACK

20 capsules (500 mg)

EUFLORA 8 MILIARDI ADVANCE is a food supplement of genotyped Probiotics, developed in the project PROBIOPLUS 4 FOOD, and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance.

FUNCTIONAL INGREDIENTS

Probiotics, Inulin.

HOW TO USE





TO BALANCE THE INTESTINAL FLORA



- SYMBIOTIC: INULIN AND FOS (PREBIOTIC) TO SUPPORT PROBIOTICS
- 2 STRAINS OF GENOTYPED PROBIOTICS: STUDIED AND VERIFIED PROPERTIES
- ENRICHED WITH MALVA FOR AN EMOLLIENT AND SOOTHING ACTION ON THE DIGESTIVE SYSTEM
- WITH VITAMIN B2 TO MAINTAIN THE HEALTH OF MUCOSAL MEMBRANES
- HIGH EFFICACY: ONLY 1 CAPSULE A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

EUFLORA COLON AID is a food supplement of genotyped Probiotics, Vitamin B2, FOS, Mallow and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance. Vitamin B2 contributes to the maintenance of normal mucous membranes. Mallow has an emollient and soothing action on the digestive system, it also promotes the regularity of intestinal transit and the normal volume and consistency of the faeces.

NUTRITIONAL FACTS

Ingredients	Per dose (1 caps)
Lactobacillus acidophilus DSM 249	36 5 Bil
Lactobacillus reuteri DSM 25175	5 Bil
Mallow f.e. leaves	40,000 mg
Vitamin B2	15,000 mg
Inulin	200,00 mg
FOS	100,00 mg

PACK

24 capsules (540 mg)

FUNCTIONAL INGREDIENTS

Probiotics, Inulin, FOS, Mallow and Vitamin B2.

HOW TO USE



Euflora GYNE

TO PROMOTE THE FUNCTIONALITY OF THE URINARY TRACT



- SYMBIOTIC: INULIN AND FOS (PREBIOTIC) TO SUPPORT PROBIOTICS
- 2 STRAINS OF GENOTYPED PROBIOTICS: STUDIED AND VERIFIED PROPERTIES
- HIGH EFFICACY: ONLY 1 CAPSULE A DAY
- WITH VITAMIN B6 AND SELENIUM TO SUPPORT THE IMMUNE SYSTEM
- ENRICHED WITH BLACK BLUEBERRY TO PROMOTE THE FUNCTIONALITY OF THE URINARY TRACT
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

EUFLORA GYNE is a food supplement of genotyped Probiotics, Vitamin B6, Blackberry, Selenium and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance. Vitamin B6, together with Selenium, contributes to the normal function of the immune system. Bilberry favors the drainage of body fluids and the functionality of the urinary tract.

NUTRITIONAL FACTS

Ingredients	Per dose (1 caps)
Lactobacillus acidophilus DSM 2493	36 5 Bil
Lactobacillus reuteri DSM 25175	5 Bil
Blackberry f.e. leaves	40,000 mg
Vitamin B6	5,000 mg
Selenium	50,00 mcg
Inulin	300,00 mg

PACK

24 capsules (530 mg)

FUNCTIONAL INGREDIENTS

Probiotics, Inulin, Blackberry, Vitamin B6 and Selenium

HOW TO USE



LAXAVIT FLOR

TO SUPPORT THE REGULAR INTESTINAL TRANSIT AND THE INTESTINAL FLORA BALANCE



- WITH MILK FERMENTS (2,4 BILLION A DAY)
- WITH VITAMINS (B1, B2, B3 AND B6)

NUTRITIONAL FACTS

Ingredients	Per dose (2 caps)	DRV%*	
Vitamin PP	18 mg	112%	
Vitamin B6	2 mg	142%	
Vitamin B2	1,6 mg	114%	
Vitamin B1	1,4 mg	127%	
Milk ferments	2,4 bil		
Alexandrian Senna pdr.	240 mg		
Aloe pdr.	80 mg		
Alder buckthorn pdr.	40 mg		
Rhubarb pdr.	40 mg		
Vervain pdr.	40 mg		
Cloves pdr.	5 mg		
Cinnamon pdr.	5 mg		

^{*}DRV= Dietary Reference Value.

PACK

30 capsules (570 mg)

LAXAVIT FLOR is a food supplement of Vitamins (B1, B2, B3 and B6) and Milk ferments with vegetal extracts. Alexandrian Senna, Aloe, Cinnamon, Alder buckthorn, Rhubarb and Cloves help to regulate the intestinal transit. Aloe, Cinnamon, Alder buckthorn, Rhubarb, Vervain and Cloves support the digestive function. Cinnamon and Cloves also promote the elimination of gas.

FUNCTIONAL INGREDIENTS

Vitamins (B1, B2, B3, B6), Milk Ferments, Alexandrian Senna, Aloe Ferox, Alder Buckthorn, Rhubarb, Vervain, Cloves, Cinnamon.

HOW TO USE

1 or 2 capsules a day with water.



LAXAVIT FORTE

TO SUPPORT A REGULAR INTESTINAL TRANSIT AND DIGESTIVE FUNCTION



- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (3 tabs)
Alexandrian Senna pdr.	300 mg
Alder buckthorn pdr.	300 mg
Cascara pdr.	240 mg
Rhubarb pdr.	150 mg
Aloe pdr.	120 mg
Fennel pdr.	90 mg
Licorice pdr.	30 mg

PACK

60 tablets (460 mg)

LAXAVIT FORTE is a food supplement with vegetal extracts. Alexandrian Senna, Alder buckthorn, Cascara, Rhubarb and Aloe help to regulate the intestinal transit. Fennel promotes the regular gastrointestinal motility, gas elimination and, with Aloe, Alder buckthorn and Rhubarb, the digestive function. Licorice is involved with the digestive system functioning.

FUNCTIONAL INGREDIENTS

Alexandrian Senna, Alder Buckthorn, Cascara, Rhubarb, Aloe Ferox, Fennel, Licorice.

HOW TO USE

2-3 tablets a day with water in the night, before going to sleep.



LAXAVIT MITE

TO SUPPORT THE REGULAR INTESTINAL TRANSIT



- WITH LACTULOSE AND FIBER
- IT SUPPLEMENTS FIBERS TAKEN WITH THE FOOD
- SOOTHING AND EMOLLIENT ACTION ON THE DIGESTIVE SYSTEM (MALLOW)
- WITHOUT COLORING
- GLUTEN-FREE

LAXAVIT MITE is a food supplement with Lactulose, dietary fiber and vegetal extracts. Tamarind, Boldo and Mallow promote the regular intestinal transit. Fennel helps with digestive function, regular gastrointestinal motility and elimination of gas.

NUTRITIONAL FACTS

Ingredients	Per dose (20 ml)
Lactulose	4 g
Dietary fiber	1,43 g
Boldo f.e.	134 mg
Fennel f.e.	134 mg
Mallow f.e.	134 mg
Tamarind juice	600 mg

PACK

150 ml

FUNCTIONAL INGREDIENTS

Lactulose, Dietary Fiber, Boldo, Fennel, Tamarind, Mallow.

HOW TO USE

10-20 ml a day, pure or diluted with plenty water, in the night, before going to sleep.





FOR THE INTESTINAL REGULARITY, BRONCHIAL FLUIDITY AND A SOOTHING ACTION



- WITHOUT COLORING AND GMO
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

MALVA MUCILLAGINE is a food supplement of Malva sylvestris L. leaves, an herb naturally rich in mucilage, known for its emollient and soothing action on digestive system, urinary tract and oropharyngeal mucosa. Mallow is also useful for the regular intestinal transit and the fluidity of bronchial secretions.

NUTRITIONAL FACTS

IngredientsPer 1 spoon (15 ml)Mallow mucilage15,0 g

PACK

200 ml

FUNCTIONAL INGREDIENTS

Mallow.

HOW TO USE

Take 1 spoon of product a day, pure or diluted in half glass of water.



SKIN BEAUTY



PURE HYALURONIC ACID, TO MAINTAIN A TONIC SKIN



- HIGH DOSAGE OF HYALURONIC ACID: 144 MG A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- HIGH EFFICACY: 1 TABLET A DAY

NUTRITIONAL FACTS

Ingredients Per dose (1 tab)
Sodium hyaluronate 152 mg
of which Hyaluronic acid 144 mg

PACK

30 tablets (500 mg)

JALÙSKIN ACIDO IALURONICO PURO is a food supplement with a high concentration of Hyaluronic acid, an important component of the skin, useful, for example, when the skin is damaged (age, pollution...).

FUNCTIONAL INGREDIENTS

Hyaluronic Acid.

HOW TO USE

1 tablet a day.



SKIN BEAUTY



TO COUNTERACT THE SIGNS OF AGING ON THE SKIN



- COLLAGEN, ELASTIN, HYALURONIC ACID: NATURAL COMPONENTS OF THE SKIN
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- 1 A DAY

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Hydrolyzed collagen pdr.	250 mg	
Hydrolyzed elastin pdr.	60 mg	
Sodium hyaluronate	50 mg	
of which Hyaluronic acid	47,5 mg	
Vitamin E	12 mg	100%
Selenium	27,5 mcg	50%
Lipoic acid	10 mg	

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (550 mg)

JALÙSKIN COMPLEX is a food supplement of Collagen, elastin, Sodium hyaluronate and Selenium. Collagen, Elastin and Hyaluronic acid. Selenium and Vitamin E contributes to cells protection from the oxidative stress.

FUNCTIONAL INGREDIENTS

Hyaluronic Acid, Collagen, Elastin, Vitamin E, Selenium, Lipoic Acid.

HOW TO USE

1 tablet a day.



SKIN CARE

OSMODYN®

AN ENTIRE LINE FOR HYPERSENSITIVE AND EASILY IRRITATED SKIN



- EMOLLIENT AND SOOTHING
- IT TAKES CARE OF YOUR SKIN

OSMODYN LINE helps to counteract the common unsightly appearance of cellulite, stretch marks or fluid retention, in a natural and non-invasive way. The combination of the different products allows a global treatment.

FUNCTIONAL INGREDIENTS

Dead Sea Salt, Seaweed, Vitamins, Vegetal Extracts.

PRODUCTS

- Mineralizing Dead Sea Salts. 2 kg
- Sea weed Salts. 2 kg
- Restructuring Body Cream. 125 ml
- Mineralizing Anti-dandruff Shampoo. 250 ml



PSORIASIS



AN ENTIRE LINE FOR PSORIASIS, HYPERKERATOSIS OR DESQUAMATION



- EMOLLIENT, SOOTHING AND PURIFYING
- IT TAKES CARE OF YOUR SKIN



PSORACTIVE is a cosmetic line with Dead Sea Salts, vitamins and vegetal extracts, which helps with hygiene and treatment of the skin, prone to Psoriasis, Hyperkeratosis or Desquamation. The products are also indicated for the treatment of relapses or in combination with cortisone medicament. The proper match of the different products allows a global treatment.

FUNCTIONAL INGREDIENTS

Dead Sea Salt, Vitamins, Vegetal Extracts.

PRODUCTS

- Re-Mineralizing Dead Sea Salts 2000 g.
- Lipid-Replenishing Cream 125 ml.
- Anti-Desquamation Shampoo 250 ml.
- Anti-Desguamation Shower Cream 125 ml.



GREENCOFFEE

TIMAGRA

TO SUPPORT METABOLISM



NUTRITIONAL FACTS

DRINK	
Ingredients	Per dose (40 ml)
Green coffee d.e. std. 50%	600 mg
Gymnema f.e.	100 mg
Cassia nomame d.e. std.8%	100 mg
Rhodiola f.e.	100 mg

TABLETS	
Ingredients	Per dose (2 tabs)
Green coffee d.e. std. 50%	600 mg
Gymnema f.e. std. 25%	100 mg
Cassia nomame d.e. std. 8%	100 mg
Rhodiola d.e. std. 3%	100 mg

PACK

30 tablets (550 mg)/ 500 ml

- TONIC ACTION, USEFUL DURING DIETARY REGIMES (GREEN COFFEE, RHODIOLA)
- IT PROMOTES THE EQUILIBRIUM OF BODY WEIGHT (CASSIA NOMAME)
- AVAILABLE IN DRINK OR TABLETS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

GREEN COFFEE is a food supplement of Green coffee, Gymnema, Cassia nomame and Rhodiola rosea. Green coffee has a tonic, supportive to metabolism and antioxidant action. Gymnema helps with carbohydrate and fat metabolism, and hunger control. Cassia nomame promotes the balancing of body weight and the metabolism of triglycerides and cholesterol. Rhodiola provides a tonic and adaptogen action.

FUNCTIONAL INGREDIENTS

Green Coffee, Gymnema, Cassia Nomame, Rhodiola.

HOW TO USE

DRINK: 20 ml half an hour before lunch and 20 ml half an hour before dinner, diluted in a glass of water.

TABLETS: 1 tablet half an hour before lunch and 1 tablet half an hour before dinner with water.



TIMAGRAKAL

TO SUPPORT METABOLISM AND CONTROL HUNGER



- USEFUL FOR HUNGER CONTROL AND FAT METABOLISM (GYMNEMA)
- HELPFUL FOR THE NORMAL MACRONUTRIENT METABOLISM AND BLOOD GLUCOSE LEVELS (CHROMIUM)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)	DRV%*
Chitosan	470 mg	
Gymnema d.e. std. 25%	280 mg	
Cascara pdr.	150 mg	
Common bean d.e. std. 10000 AIA	/g 25 mg	
Chromium	0,08 mg	200%

^{*}DRV= Dietary Reference Value.

TIMAGRA KAL is a food supplement with active ingredients useful as an adjuvant for controlled low-calorie diets. Gymnema is helpful for hunger control, for lipids metabolism and, together with Common bean, for carbohydrate metabolism; furthermore, Common bean supports the draining of body fluids. Chromium contributes to normal macronutrient metabolism and to the maintenance of normal blood glucose levels.

FUNCTIONAL INGREDIENTS

Chitosan, Gymnema, Cascara, Common Bean, Chromium.

HOW TO USE

1 tablet before lunch and 1 tablet before dinner with a full glass of water.

PACK

20 tablets (550 mg)



CALM AND REST

SEDAKUR

TO RELAX DURING THE DAY, TO PROMOTE SLEEP IN THE NIGHT



- 3 EXTRACTS TO PROMOTE CALM AND SLEEP (PASSION FLOWER, VALERIAN, HOPS)
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Folic acid	200 mcg	100%
Magnesium	60 mg	16%
Passion flower d.e. std. 3,5%	200 mg	
Valerian d.e.	100 mg	
Hops d.e.	25 mg	

^{*}DRV= Dietary Reference Value.

PACK

20 tablets (500 mg)

SEDAKUR is a food supplement of vegetal extracts of Passion flower, Valerian and Hops, with Magnesium and Folic acid. Passion flower, Valerian and Hops help to attain a state of relaxation, useful to promote sleep or in case of stress. Magnesium and Folate contribute to normal psychological function.

FUNCTIONAL INGREDIENTS

Folic Acid, Magnesium, Passion Flower, Valerian, Hops.

HOW TO USE

1 tablet a day, whenever needed or in the evening half an hour before going to sleep.



MELATONBEST

TO SUPPORT CALM AND SLEEP AND ALLEVIATE JET LAG



- MELATONIN 1 MG A DAY: THE MAXIMUM ALLOWABLE DOSE
- WITH VALERIAN, TO PROMOTE RELAXATION
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Magnesium	130 mg	35%
Melatonin	1 mg	
Valerian d.e. tit. 0,42%	60 mg	

*DRV= Dietary Reference Value.

MELATONBEST is a food supplement of Melatonin, with Magnesium and Valerian. Melatonin contributes to the reduction of time taken to fall asleep and to the alleviation of subjective feelings of jet lag. Valerian helps to attain a state of relaxation, useful for sleeping and in case of stress. Magnesium contributes to normal functioning of the nervous system and normal psychological function.

FUNCTIONAL INGREDIENTS

Magnesium, Valerian, Melatonin.

HOW TO USE

1 tablet a day before going to sleep.

PACK

60 tablets (550 mg)



MELATONBEST

TO SUPPORT CALM AND SLEEP AND ALLEVIATE JET LAG



- MELATONIN 1 MG A DAY: THE MAXIMUM ALLOWABLE DOSE
- DROPS: SUITABLE FOR PEOPLE WITH SWALLOWING DIFFICULTIES
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients Melatonin Per dose (0,54 ml) 1 mg

PACK

30 ml

FUNCTIONAL INGREDIENTS

taken to fall asleep and to the alleviation of jet lag.

Melatonin.

HOW TO USE

10 drops a day, in the evening, before going to sleep. Take the product pure or diluted with water, infusion or other drink.

MELATONBEST GOCCE (DROPS) is a food supplement of Melatonin. Melatonin contributes to the reduction of time



MOOD

IPERICUMBEST

FOR A REGULAR MOOD



- HYPERICIN 0,7 MG A DAY: THE MAXIMUM ALLOWABLE DOSE
- HIGH EFFICACY: 1 TABLET A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
St John's wort d.e. tit. 0,3%,	230 mg	
of which hypericin	0,7 mg	
Siberian ginseng d.e.	100 mg	
Magnesium	56,7 mg	15%

^{*}DRV= Dietary Reference Value.

PACK

30 tablets (500 mg)

IPERICUMBEST is a food supplement of St John's wort, Siberian Ginseng and Magnesium. St John's wort supports normal mood, relaxation and mental well-being, while Siberian Ginseng has a useful tonic-adaptogenic action. Finally, Magnesium contributes to the normal psychological function.

FUNCTIONAL INGREDIENTS

St John's wort, Magnesium, Siberian Ginseng.

HOW TO USE

1 tablet a day preferably in the morning.



HALITOSIS

ALITOSTOP

IN CASE OF HALITOSIS



- IT HELPS THE DIGESTIVE FUNCTION (GINGER, CARDAMOM, MINT).
- SUGAR-FRFF
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (3 tabs)
Mint e.o.	9 mcl
Cardamom e.o.	6 mcl
Myrtle e.o.	3 mcl
Ginger e.o.	3 mcl
Menthol	3 mg

and Peppermint(1) are helpful to promote the digestive functioning, the regular gastrointestinal motility and the gas elimination; Myrtle has a pleasant balsamic effect.

ALITOSTOP is a food supplement of essential oils: Cardamom, Ginger

FUNCTIONAL INGREDIENTS

Mint, Cardamom, Myrtle, Ginger, Menthol.

HOW TO USE

Take two or three tablets a day, letting them melt in your mouth, whenever necessary.

PACK

30 tablets (550 mg)



INTESTINAL GAS

STOPAIR

TO ELIMINATE ABDOMINAL GAS



- IT HELPS THE DIGESTIVE FUNCTION (PAPAYA, GINGER, FENNEL, ANISE, CUMIN)
- CARMINATIVE ACTION (GINGER, FENNEL, ANISE, PASSION FLOWER, CUMIN)
- EASY-TO-USE AND EFFECTIVE: 2 TABLETS A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)	DRV%*
Fennel d.e. 0,9-1,1%	140 mg	
Star anise d.e.	140 mg	
Papaya d.e.	70 mg	
Cumin d.e.	60 mg	
Ginger d.e. 5%	40 mg	
Passion flower d.e. 4%	30 mg	
Lactobacillus acidophilus	1 bil	
Vitamin B3	18,4 mg	115%
Vitamin B6	2,03 mg	145%
Vitamin B1	1,43 mg	130%

^{*}DRV= Dietary Reference Value.

PACK

60 tablets (700 mg)

STOP AIR is a food supplement of vegetal extracts, with Lactobacillus acidophilus, Vitamins B1, B3 and B6. Ginger, Fennel, Star anise and Cumin promote the digestive functioning (together with Papaya), the regular gastrointestinal motility and the gas elimination (together with Passion flower). Lactobacillus acidophilus promotes the intestinal flora balance.

FUNCTIONAL INGREDIENTS

Vitamin B3, B6, B1, Probiotics, Fennel, Star Anise, Papaya, Cumin, Ginger, Passion Flower.

HOW TO USE

2 tablets a day, preferably before the main meals.



INTESTINAL GAS

STOPAIR CARBON

ENHANCED FORMULA, WITH VEGETABLE CHARCOAL AND DIGESTIVE ENZYMES



- USEFUL FOR THE DIGESTIVE FUNCTIONING AND GAS ELIMINATION (FENNEL, ANISE, CUMIN)
- EASY-TO-USE AND EFFECTIVE: 2 TABLETS A DAY
- NATURALLY LACTOSE FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)
Vegetable charcoal	500 mg
Enzymes	100 mg
Fennel d.e. 0,9-1,1%	80 mg
Anise d.e.	80 mg
Cumin d.e.	80 mg

PACK

60 tablets (600 mg)

STOPAIR CARBON is a food supplement of Vegetable charcoal, digestive enzymes and vegetal extracts of Fennel, Anise and Cumin. Fennel, Anise and Cumin, which promote the digestive functioning, the regular gastrointestinal motility and the gas elimination.

FUNCTIONAL INGREDIENTS

Charcoal, Fennel, Anise, Cumin, Enzymes.

HOW TO USE

2 tablets a day, preferably before the main meals.



INTESTINAL GAS AND COLICS



TO ELIMINATE ABDOMINAL GAS: FOR CHILDREN



- 6 HERBS SPECIFIC TO ELIMINATE GAS
- ANALCOHOLIC
- WITHOUT COLORANTS
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

STOPAIR COLIC BABY is a food supplement of Chamomile, Lemon balm, Fennel, Peppermint, Star anise and Cumin, 6 vegetal extract specifically selected in order to eliminate gas. Furthermore, they support digestive function and regular gastrointestinal motility. Chamomile has also a useful emollient and soothing action on the digestive system.

NUTRITIONAL FACTS

Ingredients	Per dose (15 drops)
Chamomile d.e.	15 mg
Lemon balm d.e.	15 mg
Fennel d.e.	15 mg
Mint d.e.	6,75 mg
Anice f.e.	0,3 mg
Cumin e.o.	0.03 mg

PACK

50 ml

FUNCTIONAL INGREDIENTS

Chamomile, Lemon Balm, Fennel, Peppermint, Anise, Cumin.

HOW TO USE

10 - 15 drops of product a day, pure or diluted in water or other beverages.



HYPERACIDITY

CONTRACID

TO PROMOTE DIGESTIVE FUNCTIONING, SOOTHING STOMACH BURNING



- WITH CARBONATE AND BICARBONATE: ANTACID ACTION
- HELPFUL FOR THE DIGESTIVE FUNCTIONING (MELISSA, ROSEMARY)
- SOOTHING AND EMOLLIENT ACTION ON THE DIGESTIVE SYSTEM (CHAMOMILE)
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

CONTRACID is a food supplement with standardized vegetal extracts, Sodium bicarbonate, Calcium carbonate and Magnesium carbonate, suggested in case of deficiency or increased nutritional needs of those ingredients. Chamomile, Melissa and Rosemary help to regulate gastrointestinal motility, digestive functioning and gas elimination. Furthermore, Chamomile provides a soothing and emollient action on the digestive system.

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)
Chamomile d.e. 1,2%	100 mg
Lemon balm d.e.	100 mg
Rosemary d.e. 5%	100 mg
Magnesium carbonate	600 mg
Sodium bicarbonate	180 mg
Calcium carbonate	100 mg

PACK

20 tablets (750 mg)

FUNCTIONAL INGREDIENTS

Magnesium Carbonate, Sodium Bicarbonate, Calcium Carbonate, Chamomile, Lemon balm, Rosemary.

HOW TO USE

1-2 tablets when needed.



GASTROESOPHAGEAL REFLUX

REFLUKUR

TO SOOTHE THE DIGESTIVE SYSTEM, COUNTERACTING REFLUX SYMPTOMS



- IT PROTECTS AND SOOTHES THE GASTROESOPHAGEAL MUCOSA (MUCOSAVE®: OPUNTIA POLYSACCHARIDES AND OLIVE BIOPHENOLS)
- WITH SODIUM ALGINATE
- SUGAR-FRFF
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)
Sodium alginate	600 mg
Sodium bicarbonate	320 mg
Calcium carbonate	210 mg
Mucosave®	400 mg

REFLUKUR is a food supplement of Mineral salt and Mucosave®, a patented blend that, thanks to Opuntia polysaccharides, and a lenitive effect from Olive biophenols, is useful for protecting the gastroesophageal mucosa.

FUNCTIONAL INGREDIENTS

Sodium Alginate, Sodium Bicarbonate, Calcium Carbonate, Mucosave®.

HOW TO USE

2 tablets a day.

PACK

30 tablets (900 mg)



CYSTITIS



4 EXTRACTS FOR A HEALTHY URINARY TRACT



- THE SYNERGY OF 4 EXTRACTS FOR A HEALTHY URINARY TRACT (BEARBERRY, CRANBERRY, GOLDEN ROD, JUNIPER)
- USEFUL BOTH FOR TREATMENT AND MAINTENANCE
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- WITH NO ADDED SUGAR

NUTRITIONAL FACTS

Ingredients	Per dose (2 tabs)	DRV%*
Bearberry d.e. tit. 20%	500 mg	
Cranberry d.e. tit. 10%	200 mg	
Golden rod d.e.	200 mg	
Vitamin C	160 mg	200%
Aloe vera gel pdr. 200:1	40 mg	
Red juniper e.o.	10 mg	
Lavender e.o.	10 mg	

*DRV= Dietary Reference Value.

PACK

30 tablets (700 mg)

CISKUR ADVANCE is a food supplement of vegetal extracts, such as Bearberry, Cranberry, Golden rod and Aloe, with Vitamin C. Bearberry, Cranberry, Golden rod and Juniper can support urinary functions. Vitamin C contributes to the normal function of the immune system and the protection of cells from oxidative stress.

FUNCTIONAL INGREDIENTS

Bearberry, Cranberry, Golden rod, Vitamin C, Aloe vera, Red juniper, Lavender.

HOW TO USE

At the early symptoms: 2 tablets a day, 1 in the morning and 1 in the evening preferably between meals, with a full glass of water.

To maintain the effect: 1 tablet a day, preferably in the morning.



Proskur Advance

FOR THE PHYSIOLOGICAL PROSTATE FUNCTIONING



- HIGH EFFICACY: 1 SOFT GEL A DAY
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (1 soft gel)	DRV%*
Saw Palmetto oil tit. 85-959	% 320 mg	-
Pumpkin oil	100 mg	-
Golden Rod d.e.	50 mg	-
Vitamin E	60 mg	500%
Zinc	15 mg	150%

^{*}DRV= Dietary Reference Value.

PACK

30 soft gel (913 mg)

PROSKUR is a food supplement based on Saw palmetto oil with high titration in fatty acids, Pumpkin seed oil, Solidago extract, with Zinc and Vitamin E. Saw palmetto and Pumpkin support prostate function and, with Solidago, the function of urinary tract. Zinc and Vitamin E, included in the formula with the maximum daily dosage allowed, contribute to the protection of cells from oxidative stress.

FUNCTIONAL INGREDIENTS

Vitamin E, Zinc, Saw Palmetto, Pumpkin, Golden Rod.

HOW TO USE

1 soft gel a day, preferably in the morning, with a full glass of water.



UROGENITAL INFECTIONS

NEW

Euflora GYNE

TO PROMOTE THE FUNCTIONALITY OF THE URINARY TRACT



- SYMBIOTIC: INULIN AND FOS (PREBIOTIC) TO SUPPORT PROBIOTICS
- 2 STRAINS OF GENOTYPED PROBIOTICS: STUDIED AND VERIFIED PROPERTIES
- HIGH EFFICACY: ONLY 1 CAPSULE A DAY
- WITH VITAMIN B6 AND SELENIUM TO SUPPORT THE IMMUNE SYSTEM
- ENRICHED WITH BLACK BLUEBERRY TO PROMOTE THE FUNCTIONALITY OF THE URINARY TRACT
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

EUFLORA GYNE is a food supplement of genotyped Probiotics, Vitamin B6, Blackberry, Selenium and Inulin as prebiotic. Probiotics and Prebiotics are useful for supporting the intestinal flora balance. Vitamin B6, together with Selenium, contributes to the normal function of the immune system. Bilberry favors the drainage of body fluids and the functionality of the urinary tract.

NUTRITIONAL FACTS

Ingredients	Per dose (1 caps)	
Lactobacillus acidophilus DSM 2493	36 5 Bil	
Lactobacillus reuteri DSM 25175	5 Bil	
Blackberry f.e. leaves	40,000 mg	
Vitamin B6	5,000 mg	
Selenium	50,00 mcg	
Inulin	300,00 mg	

PACK

24 capsules (530 mg)

FUNCTIONAL INGREDIENTS

Probiotics, Inulin, Blackberry, Vitamin B6 and Selenium

HOW TO USE

1 capsule a day with water, preferably on an empty stomach or 15 min before eating.



MINERAL SALTS DEFICIENCY

IDROTONICPLUS PROENERGETICO

TO RECOVER THE ELECTROLYTIC BALANCE



- USEFUL IN CASE OF TIREDNESS, STRONG SWEATING, PHYSICAL ACTIVITIES
- WITH CREATINE: 1 G A DAY
- SWEETENED WITH STEVIA
- NATURALLY LACTOSE-FREE
- GLUTEN-FREE
- SUGAR-FREE

NUTRITIONAL FACTS

Ingredients	Per dose (2 sticks)	DRV%*
Magnesium	150 mg	40%
Potassium	800 mg	40%
Creatine	1 g	

*DRV= Dietary Reference Value

IDROTONIC PLUS is a food supplement of Magnesium, Potassium and Creatine. Magnesium contributes to electrolyte balance, to a reduction of tiredness and fatigue, and to the normal energy-yielding metabolism. Potassium contributes to the normal muscle function and to the maintenance of regular blood pressure.

FUNCTIONAL INGREDIENTS

Magnesium, Potassium, Creatine.

HOW TO USE

1 or 2 sticks a day in a half glass of water.

PACK

12 sticks (4 g)



VITAMINS DEFICIENCY

TOTALMIXVIT

A COMPLETE AND BALANCED MULTIVITAMINS + 3 VEGETAL EXTRACTS

NUTRITIONAL FACTS

Ingredients	Per dose (1 tab)	DRV%*
Vitamin A	800 mcg	100%
Vitamin D	5 mcg	100%
Vitamin E	12 mg	100%
Vitamin C	80 mg	100%
Vitamin B1	1,1 mg	100%
Vitamin B2	1,4 mg	100%
Niacin	16 mg	100%
Vitamin B6	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%
Biotin	50 mcg	100%
Pantothenic acid	6 mg	100%
Magnesium	75 mg	20%
Calcium	120 mg	15%
Zinc	10 mg	100%
Iron	7 mg	50%
Manganese	1 mg	50%
Copper	0,5 mg	50%
Iodine	150 mcg	100%
Chromium	40 mcg	100%
Selenium	55 mcg	100%
Molybdenum	50 mcg	100%
Pomegranate d.e. tit. 40%,	50 mg	
of which ellagic acid	20 mg	
Green tea d.e. tit. 98%/60%/5	0%, 30 mg	
of which polyphenols	29,4 mg	
of which catechins	18 mg	
of which EGCG	15 mg	
Tagetes d.e. tit. 20%,	10 mg	
of which lutein	2 mg	

*DRV= Dietary Reference Value.

PACK

30 tablets (1050 mg)



- HIGH CONCENTRATION OF VITAMINS AND MINERALS
- EASY-TO-TAKE: 1 TABLET A DAY
- NO SUCROSE

TOTALMIXVIT is a dietary supplement of vitamins and minerals, with vegetal extracts of Pomegranate, Green tea and Lutein from Tagetes. It is suggested in case of deficiency or increased nutritional needs of those ingredients. Pomegranate, Green tea and Tagetes provide pronounced antioxidant properties.

FUNCTIONAL INGREDIENTS

Vitamins, Minerals, Pomegranate, Green Tea, Tagetes.

HOW TO USE

1 tablet a day.



VITAMIN D3 DEFICIENCY

D3BEST

GOCCE DROPS

VITAMIN D3 AT HIGH DOSAGE

for **ADULTS** and **CHILDREN**



- NATURALLY LACTOSE-FREE
- GLUTEN-FREE

NUTRITIONAL FACTS

Nutrients	Per dose adults (10 drops)	Per dose children (5 drops)
Vitamin D3	25 mcg (%DRV* = 500%)	12,5 mcg (%DRV* = 250%)
corresponds to	1000 UI	500 UI

^{*}DRV= Dietary Reference Value.

PACK

15 ml

D3 BEST is a food supplement of Vitamin D3, suggested in case of deficiency or increased nutritional needs of this ingredient.

FUNCTIONAL INGREDIENTS

Vitamin D3.

HOW TO USE

Adults: 10 drops a day. Children: 5 drops a day.



FructoVé

LIVE YOUR WELLBEING IN COLORS

NUTRITIONAL FACTS

Ingredients	Per dose (1 cpr)	DRV%*
Fennel pwd.	100 mg	-
Pear conc. juice	100 mg	
Apple conc. juice	100 mg	_
Kiwi conc. juice	100 mg	_
Cranberry conc. juice	100 mg	_
Carrot juice	100 mg	_
,	•	-
Pineapple pwd.	100 mg	-
Grapefruit d.e.	100 mg	-
Elderberry d.e.	100 mg	-
Cauliflower d.e.	50 mg	-
Spinach pwd.	50 mg	-
Sage d.e.	50 mg	-
Pomegranate d.e. 20%	50 mg	-
Pepper pwd.	50 mg	-
Ginger pwd.	50 mg	-
Aronia d.e.	50 mg	-
Beet pwd.	50 mg	-
Tomato d.e. 5%	24 mg	-
Magnesium	56,3 mg	15%
Vitamin C	80 mg	100%
Vitamin E	12 mg	100%
Vitamin A	800 mcg	100%
Vitamin B6	1,4 mg	100%
Vitamin B2	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%
Selenium	55 mcg	100%

*DRV= Dietary Reference Value.

PACK

14 stick (49 g)



- JUICES AND EXTRACTS
- SUITABLE FOR VEGANS
- NATURALLY LACTOSE-FREE
- WITH STEVIA
- GLUTEN-FREE

FRUCTOVÈ is a food supplement with vegetal juices & extracts in 5 colors, vitamins and minerals, selected according to their several properties.

FRUCTOVÈ can be an everyday help for every season.

FUNCTIONAL INGREDIENTS

Vitamins, Minerals, Vegetable extracts.

HOW TO USE

1 stick a day, dissolved into a glass of water (150 ml).





CONTRIBUTES TO THE NORMAL FUNCTION OF THE IMMUNE SYSTEM



C KUR is a food supplement based on Vitamin C, indicated in case of low dietary intake or increased need for these nutrients.

FUNCTIONAL INGREDIENTS

Vitamin C (L-ascorbic acid) 1000 mg (1250% of the values Reference Nutrients)

HOW TO USE

ake one tablet per day, preferably dividing it in two administrations between meals, with plenty of water. If the product causes digestion problems take it on a full stomach.

PACK

30 compresse (1700 mg) 60 compresse (1700 mg)



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ITALY